TEAM CW October 2023 Changing the World









How time flies. I am now into my Club visits and have had the pleasure of seeing some very inspiring Lions successfully serving their communities in a variety of different ways. The strength of Lions is that we support the Community effectively but differently in each Club.

During my travels I have learnt of many clubs that have done Diabetes and Prostate Cancer events, either informational or testing. This is an excellent service to the Community and a good way to publicise yourselves as a community-minded club, I was also encouraged to see many Clubs obtaining

sponsorship for these events. Please remember to take advantage at these events and get yourselves tested as well as watching out for any other signs of the dreaded 'C'.

Congratulations to PCC Lion Stewart Sherman-Kahn on completing the Bachelor's Programme and 1st VDG Lion Stu Young on completion of his Doctorate Programme with the Lions University. They were both presented with their certificates by the International President Dr Patti Hill at the USA/Canada Forum in Reno, Nevada. Good to see that the bear accompanied Stu to Reno.

Preparations are well underway for our Autumn Forum on 19th November at the Kings Heath Freemasons Hall, 221 Alcester Road South, Birmingham B14 6DT.

Insurance – many readers will recall that back in June Clubs were asked to submit a return regarding their activities to enable the underwriters to assess the risk for the provision of Insurance Cover. The response to this request was about 50%, usually this is a good number but in this case the insurers were looking for at least an 80% response. It has been noted from the most recent Lion Magazine that at least 4 clubs featured had not submitted their return, none of them were in CW but am sure that there are clubs in CW who are guilty of not submitting a return as requested. The more information the insurers have the better as it is likely to help them keep our premiums down, it is expensive to provide insurance coverage for the unknown risk. Can I urgently request those Clubs who have not submitted an Activity Return to please do so as soon as possible.

Gift for Living – I am collecting unwanted foreign notes and coins and some members have been kind enough to dig through their cupboards and have given me a fair amount already. The Autumn Forum is an opportunity to bring more along and add to the collection in support of the work still going on in the Balkans.



Thanks to the help of the Lions of the British Isles and the support from Lions Clubs International Foundation, much has already been done over the last 25 years. This project started to rebuild a devasted Country, but, it doesn't end there, there is still a lot more that needs to be done. Please let us continue with the work we have started.

Your Gift for Living Project needs your foreign notes and coins...

Have you returned from holiday with unwanted currency, or got old foreign coins and notes hidden away in the back of a drawer?

Only a few of us ever change the money back into sterling. The rest stockpile it at home, in all probability that the cash will be forgotten. If you arrive home with coins and notes you could afford to donate, then please send them to MDHQ where they will be collated and forwarded to a specialist dealer.

ALL PROCEEDS WILL GO TO GIFT FOR LIVING.

We can accept any currency, including UK coinage and notes and even defunct pre-euro currencies such as old Spanish pesetas or Greek drachma.

You can download a foreign currency recycling poster from the Gift for Living website to arrange a collection at your local school, college, church or workplace.

And, if you manage to collect coinage weighing over 8kg - that is about five mugs full - we can arrange to collect it from you. Contact MDHQ on Tel: 0345 833 9502 or Email: mdhq@lionsclubs.co.uk



Lions Clubs International

MD105 British Isles

Tel: 0345 833 5062 Email: mdhq@llonsclubs.co www.lionsclubsintornational-agitforilving.org.uk Liona Cluba International A Git for Living Chairty Reg. No. 1070418

GUIDING LIONS

Apologies for the lateness but missed Editor's deadline. Congratulations to the following Lions for their successful completion of the Guiding Lion Course held on 15 July 2023:

Lion Jagjit Banwait Coventry Pheonix Lions Lion Surinder Singh Bhamra Coventry Trinity Lions

Lion Navin Bhatia Corby & District Lions Lion Harcharan Hunjan Birmingham Handsworth Lions

Lion Catherine Kendall Northampton Lions Lion Melissa Murphy Sandwell Lions

Lion Michelle Preece Dudley Lions Lion Richard Stannard Dursley Lions

Lion Ralph Watson Rugby Rokeby Lions Lion Glyn Williams Newport Lions

Lion David McKirdy

District Governor 105CW

BOB COOK GAMES

Chippingham Lions Club

Lions in District 105CW recently joined forces with their colleagues in District 105SC to stage the Bob Cook Games. This disability event is run annually by Chippenham Lions on the second Sunday in August with many clubs and competitors from 105CW with whom they have a long term association from when they were in the same district.

The games were formally opened by Chippenham President, Jim Dutch and Past District Governor, Brian Donovan who wished everyone good fortune and great enjoyment in taking part.

Both track and field events were contested strongly with entries for field events such as the discus, javelin, and welly waggling whilst others chose to try their hand at the gentle sport of boules.

Dursley and Lechlade & District Lions were responsible for co-ordinating the track events ensuring the competitors started and finished in a timely fashion.

All helpers will take back their own memories of the games, but the tremendous determination shown by all competitors and the pleasure and pride they gained as they were presented with their medals is evident to all.



MEMBERSHIP

Welcome to our new members

KENILWORTH LIONS CLUB SIMEON CONNOR, ONUR CAN TUREDI

MELTON MOWBRAY LIONS CLUB JEFFREY CROSS, AUDRA ELIZABETH ANN FINBOW

SANDWELL LIONS CLUB HARPAL SINGH JANDU

WELLESBOURNE LIONS CLUB KENNETH ROTHWELL, BRIAN DENIS SHEEPY

WOTTON UNDER EDGE LIONS CLUB ROGER SMITH

105CW AUTUMN FORUM

Fellow Lions,

We are excited to invite you to 105CW Autumn Forum on Sunday 19th November 2023.

Arrive at 10.00am for tea and coffee with a prompt 10.30am start. We aim to finish at 3.30pm.



The accessible venue is the Freemasons Hall, Kings Heath, Birmingham, B14 6DT where there is ample parking.

Morning Sessions include:

- 'How Mission 1.5 can grow your club'
- 'Service -Changing Lives Together'
- 'New Voices learning from each other.'
- Guest speaker Darren Kench from Eden Project Communities talking about the Big Lunch, Community Camps and Environmental Projects.

Plus more...

Afternoon Workshops include:

- A community room with the service team carrying out service projects with Darren Kench from Eden Project Communities.
- A Membership room running a new members orientation, then a session 'Strong Foundations for Growth'.
- A Development room with opportunities to talk to the IT team, Health and Safety Officer and Vulnerable Persons Officer.

Program subject to change.

There is also an opportunity to bring your collected spectacles as the venue is so close to National Headquarters. (Please let Joy know how many boxes you will be bringing with your booking details)

Please bring along any unwanted foreign notes and coins.

Tea and Coffee will be available all day. You are welcome to bring a reusable mug to reduce waste.

The subsidised cost of the event is £15 per person and that includes a buffet lunch and hot drinks during the day. This should ideally be paid in advance via BACS.

To book your place and places for your club members please email postmaster@lions105cw.org.uk with the names who would like to attend and any dietary requirements. The district will then confirm your places and the amount that needs to be paid.



To pay online the account details are:

Sort Code 30-95-47 Account No. 00527060 Name: Lions Clubs International MD105.

If paying online please email <u>treasurer@lions105cw.org.uk</u> confirming the reference given (including 'AF'), how much has been paid, the club and the name of the attendees this covers, so Christine can identify the receipt.

If paying by Cheque (please endorse the back of the cheque 'Autumn Forum' along with your club and the names of the people that this covers, please make payable to:- Lions Clubs International MD105. and send to the address below.

Lion Christine Moss, District Treasurer 105CW, 12 Hillhurst Grove, Castle Bromwich, Birmingham B36 9TS

However, if you would like to pay cash on the day this is also available (please be aware that by booking you agree to pay for your place).

Bookings need to be completed by Friday 3rd November 2023 in order for us to confirm numbers for catering etc.

We hope to see as many of you as possible at Autumn Forum 2023.

David Mc Kirdy, 105CW District Governor and Melissa Murphy, 105CW Global Leadership Team Lead



Reminder of our New Lions new Voices Get Together

Have you recently joined a Lions Club?

It's an exciting time!

Would you like to connect with other new members in the area?

It's a great way to find out more about what projects and activities Lions carry out.

Do you have questions but are unsure who can help you find the answer?

Come along to our New Members – New Voices Zoom Get Together.

Join an inclusive and diverse group of people to learn more about the impact Lions make, everyday!

When: Tuesday 31st October 2023 at 7.30pm

Register for the Zoom Link here:

https://us02web.zoom.us/meeting/register/tZEkf-6hqDsqGdaZx9B8Vpz9UMEtAM7BAhaN

After registering, you will receive a confirmation email containing information about joining the meeting.

Help us by highlighting topics or questions you'd like covered by filling out this Google form:

https://forms.gle/KwHvG2zoXrBRS5LA6

Looking forward to seeing you there!

Michele Preece - New Voices Officer: nvc@lions105cw.org.uk

& Melissa Murphy - Global Leadership Team Lead:

glt@lions105cw.org.uk

In other news...

Train the Trainer Sessions

Our zone and region chairs have been invited to a workshop covering Risk Assessments and New Members Orientation so they will be able to answer and advise the clubs in their area on these matters. District 105CW aims to engage with as many of its members as possible and this may be one method to achieve this.

If there are other topics Lions would like to be covered in workshops do not hesitate to get in touch.

Yours in Service

Melissa Murphy

105CW Global Leadership Team Lead





Wotton Lions - Over then under

Active events play a major part in Wotton Lions fundraising. In July they had a cycle event "Ride over the Edge" and followed up in September with a 10k run "10,000M Under the Edge"

Now in its 5th year 160 runners took part in what one described as "lovely friendly race with a tough course" The event is best described by an email we received "just wanted to say a huge thank you to all the organisers and volunteers who made today's race such a joy to take part in! The course was stunning and is probably the best marshalled and sign posted I've ever done. The warm up was perfect, not too hard or easy. Plenty of parking and no queues for the toilet! You are all simply amazing and I thoroughly look forward to running again next year.





Wotton Lions – End of the baskets for another year

Every year Wotton Lions support "Wotton in Bloom" by providing the labour to hang them up at the start of the season and remove them at the end. Wotton receives many visitors just to see the baskets each year. Lions president Geoff Richardson "It is always a shame to take them down but with a watering cost of in the hundreds of pounds each week. The season has to come to an end".









Chepstow and Caldicot Lions - Noah's Retreat

Noah's Retreat was officially opened for business and Lions were delighted to pop down and be present for the grand opening. Noah has done all the hard work of

course. He really is the superhero.

Noah Herniman is a local teenager with an inoperable brain tumour. He suffers with neurofibromatosis, meaning tumours grow on his nerve tissues, was diagnosed with an inoperable benign tumour at the core of his brain in 2021 following the cancellation of his routine MRI scans due to COVID. He has undergone 74 weeks of chemotherapy, and has recently been told that these have been unsuccessful and that his tumour has grown significantly.



Despite this Noah has raised more than £35,000 to buy a caravan to offer families with a severely ill child a free respite care stay in the holiday home. Noah has spent his life raising thousands of pounds for various charities but his caravan mission is his biggest charitable achievement to date. The caravan was purchased through Noah's own fundraising, collaboratively with Morgan's Army another

child cancer fundraiser, and a substantial donation from Chepstow and Caldicot Lions, and many other local businesses and individuals. He's named the caravan Noah's Retreat and has gifted the whole thing to Swansea-based organisation Kids Cancer Charity who will manage and administer the unit. Local Chepstow and Caldicot families with children undergoing chemotherapy will have first priority for bookings, although the interested families wishing to make family memories together whilst living with cancer can come from any part of the country.

Noah's dream has finally been realised, and now he's asking himself, "What's next?"

DISTRICT GOVERNOR VISITS FOR YOUR DIARY

	October	Nove	mber	
2	Coventry Mercia Lions visit	1	Shirley Lions Visit	
3	Severn Dean Lions Visit	2	Castle Bromwich Lions Visit	
4	Coventry Godiva Lions Visit	4	Marston Green Lions Charter	
5	Corby Lions Tree Planting	7	Ross-on-Wye Lions Visit	
5	Rugby Rokeby Lions Visit	8	Redditch Lions Visit	
8	South & West Wales Sunday Lunch	13	Kenilworth Lions Visit	
9	Malvern Lion Visit	14	Birmingham Acocks Green Lions Visit	
10	Bedworth Lions Visit	19	Autumn Forum & 2nd Cabinet Meeting	
11	Coventry Leofric Visit			
12	Shakespeare Lions Visit			
16	Knowle Lions Visit			
19	Solihull Lions Visit			
20-22	Council of Governors' Meeting			
28	Tetbury Lions Charter			