

#TEAMCW

105CW News and Information July 2023



News from our District Governor

My year as District Governor of 105CW is coming to an end, which has been enjoyable and successful due to those who have supported me throughout this fantastic journey. I must thank all the District Officers, starting with the District Governors Team, the District Secretary, the District Treasurer, and the Global Action Team, which consists of the Global Leadership Team, the Global Service Team, and the Global Membership Team. I would also like to thank all the Regent Chairs, Zone Chairs, Club Officers and most importantly the Lion Members of our District for their unwavering support. For myself, there are new openings on the horizon as I have been appointed as one of the European GAT Area Leaders by our incoming International President Patti Hill, for which I must express my gratitude.

In the 2022/2023 Lionistic Year, our District 105CW has chartered the following six new Lions Clubs:

Coventry Holybush Lions

Coventry Phoenix Lions

Coventry Sonali Lions

Coventry Trinity Lions

Northampton Castle Lions

Warwickshire Coaching Lions

I appreciate all the hard work by our Global Extension Team in forming these clubs. With six clubs chartered and membership growth close to 100, our **District has ranked number one in Europe**. Furthermore, we have been informed by our Lions Clubs International Foundation Officer that our District has also **ranked number one in Europe for LCIF donations**, serving close to 1 million people.

My message as District Governor was “Together We Grow”, and the International President’s strap line was “Together We Can”, so Together We Have.

Proud to be Lion in District 105CW.

Some of the events attended this month:

Ross-on-Wye Lions 52nd Charter with Lion President Jennings Symington



Castle Bromwich Lions 33rd Charter with
Lion President Graham Wooldridge



Coventry Godiva Lions Men's health and wellness event



Melton Mowbray Lions 49th Charter with Lion President David Houghton



Rugby Rokeby Lions 55th Charter with Lion President John Nelson





Membership Matters.

Welcome to a brand-new Lions' year and the continuing of our plans for the Membership Team. Last year we looked at our Strengths and Weaknesses and found that we have a continuing problem with Communication. So, the development of the Membership Approach for us is to build teams in each Region to bring the Membership Message closer to you in your Club.

Each of our Regions will have Membership Ambassadors, a brand new role that will develop over time.



What will these Membership Ambassadors do?

To start with, they will be looking out for good ideas to share as we recognise that we can all benefit from learning from each other. We will be adding other aspects of this new role throughout the next year and evaluating how this works as we go along.

What do we want to achieve?

We want to offer you support with Membership concerns so that we can all do our best to keep our members inspired and engaged.

Sue Wilding Membership Coordinator gmt@lions105cw.org.uk



Bumper crop of new members this month

Birmingham Chinatown

Frankie Wang

Coventry Holybush

Navdeep Singh Bhatti	Gian Singh
Baljinder Singh Dhanda	Gurwinder Singh
Kulwant Singh Kalsi	Harden Singh
Amarjit Khangura	Jasvir Singh
Narinder Singh Sanjoy	Jaswant Singh
Prem Sapkota	Partap Singh
Amarjit Singh	Ravinder Singh
Avtar Singh	Ravinder Singh
Avtar Singh	Santokh Singh
Baljit Singh	Sandeep Virk

Coventry Phoenix

Jatinder Bains	Tarsem Singh Jaspal
Jatinder Singh Banga	Kirpal Kaur
Parminder Kaur Banga	Parmajit Kaur
Inderjit Kaur Banwait	Kamaljit Kaur Mann
Jagjit Banwait	Sukhwinder Singh Mann
Balraj Gill	Bhovinder Singh Nagra
Jatinder Gill	Arjan Singh Sandhu
Parminder Kaur Jaspal	Nirmala Shoker

Coventry Sonali

Abdul Ahad	Shalim Miah
Faz Ali	Shelu Miah
Abu Hassan Aziz	Mohammed Abul Monsur
Sabah Bashir	Mustahjur Rahaman Munna
Mohammed Brahimi	Kazi Rahman
Aminul Choudhury	Mohammed Abdus Shahid
Shaila Afroz Chowdhury	Mohamed Shahjahan
Hasnath Ahmed Chunu	Hasan Shojol
Mohammed Bablu Hussian	Jahead Siraj
Shah Badrul Islam	Junaid Siraj
Mohammed Kadir	Jamal Uddin
Juned Ahmed Khan	Shahed Uddin
Mohammed Ludhi	

Coventry Trinity

Amrapal Bhamra	Jhalman Nat
Harjinder Bohugan	Gurpreet Singh
Amarjit Dahiwal	Jasvir Singh
Manjit Dhanda	Parminder Singh
Sukhdeep Dhanda	Sarb Singh
Lakhbinder Duhra	Sukhbir Singh
Gaurav Kumar	Tarsem Singh
Sansar Singh Mann	

Droitwich

Laura Higgs

Northampton Castle

Sumitra Banger	Surinder Singh Kaundal
Ashok Singh Bassan	Gurdip Kaur Matharu
Gudeep Singh Bassan	Surinder Matharu
Rajdeep Singh Bassan	Opinder Rehal
Perminder Kaur Bhambra	Amarjeet Kaur Saund
Amrik Singh Bhooi	Tajinder Singh Saund
Becky Bhooi	Mayank Sharma
Sumit Chhabra	Jaspreet Singh
Amandeep Dua	Nirmal Singh
Inderjeet Jutla	Ravinder Singh
Kuldeep Jutla	Santokh Singh
Amardeep Kaur Kaundal	

Nuneaton

Avtar Singh Marway	Kulwant Singh Virk
Sawarn Parmar	

Wellesbourne

Catherine Knight



As we start our new Lions year. Congratulations to all the worthy winners of our competitions for year ending 31 December 2022. They were announced at Convention back in April, but for those not there and who may not have seen the results shared on email, they are

Animals/birds—**Lion David Brassey** from Newport and Usk Vale, with a stunning photo of a Bohemian Waxwing.

Plants - Sandwell Club **Lion Paul Murphy's** beautiful photo of Sunflowers

Other Nature - **Lion Brian Waters'**, from Chepstow and Caldicot Lions, colourful still life photograph of Pumpkins

Weather - A second win for **Lion David Brassey** with his powerful photograph of a lightning storm.

Membership Growth - an impressive 43% growth saw **Rutland Lions Club** take the trophy.

Visiting Lions - Top visitors this year were **Blaby & District Lions**.

Best Kept Website – went to **Knowle & Dorridge**.

Best Social Media – went to **Rugby Rokeby Club**.

I have had a few photographs already this year – but as the competition year started on 1 January I would have hoped for more. However, after the recent burst of sunshine (although it has proved to be temporary!) I'm hoping it encourages Lions to be out there with whatever device they use to take their photos and get them sent into me. Of course, the weather doesn't have to be good – the *weather phenomenon* category positively encourages 'interesting' weather! As a reminder, this year's categories are

Plants	Weather phenomenon	Animals	Other aspects of nature	Birds
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In view of conventions already held and many Charters and other events that I've seen advertised I am surprised at the lack of Visiting Lion forms I've received so far. There is no need to keep them all until the end of December (please). I'd much prefer to receive them throughout the year – but if you have simply forgotten to send them in since January, then it's not too late. Please check back through your diaries/calendars and send them through to me. I know many of you have been out there visiting – I've met some of you at the various events I've been at – so do send in your forms. Visits aren't limited to our own District anymore and whilst these competitions are intended to build a spirit of fun and fellowship, it also offers a great opportunity for learning and sharing amongst us. I am one of those Lions who does use social media and have been impressed with the activity shared by Clubs on Facebook and other platforms this year. And equally your websites. The judges for those categories will have another tough job on their hands this year I think.

So, I will sit back and wait for your entries and also any feedback on our current competition as well as suggestions for any new ones in 2024. Never too early to start planning!

Lion Jan Watson

105CW Competitions Officer

competitions@lions105cw.org.uk



Lions Clubs International FOUNDATION

As we enter a new Lions year, I thought it might be useful to update you on where we are with Lions Clubs International Foundation (LCIF). Following on from last years tremendous efforts with our District Clubs donations, this year has followed in a similar vein. The final figures are not yet available but with one month to go we have already raised over \$127,500 , the majority of which has gone towards the Disaster fund, a truly amazing result and one you should be really proud of.

Having said that, how much better could it have been if the Clubs in our District that have not so far made any donations to LCIF, had given just a little. **25% of our clubs have not donated to LCIF so far this year**

From some of the questions I receive, it is clear that there are some misconceptions/misunderstandings about LCIF, which may be a reason some clubs have not yet supported our foundation. Remember it is our foundation. If you have any questions about LCIF why not get in touch with me, or failing that, ask your Zone Chairperson to get it on the agenda of your Zone meeting.

LCIF – OUR FOUNDATION

Keith Wilding: District LCIF co-ordinator. lcif@lions105cw.org.uk

Get Ready to Roar with GLT events in Lions District 105CW!

Greetings Lions of District 105CW, welcome to the new Lion's year of 2023/2024.

We are thrilled to announce exciting opportunities to enhance your skills and empower your Lions clubs! Gear up to unlock your potential and take your Lions club to new heights!



What events are in the pipeline?

- We will run the President, Secretaries and Treasurers and Membership workshops again in September.
- Autumn Forum is being held at the Masonic Hall in Kings Heath in November.
- Regular New Members Workshops
- Other workshops with experienced Lions leaders on topics such as using the upcoming Lions Portal, GDPR and data protection, CIO and trustees plus how to get involved with Lions Youth projects.

Why Should You Participate?

You can open doors to great personal and club growth opportunities. Here's why you should be excited:

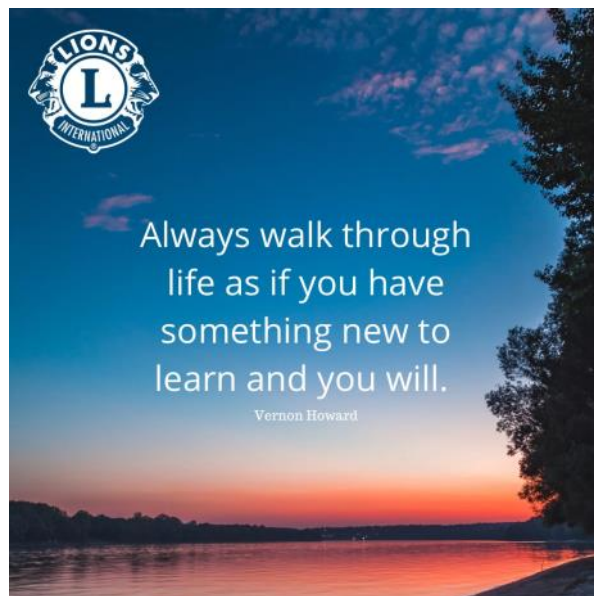
Elevate Your Leadership: Whether you are a new Lion or a seasoned veteran, workshops provide valuable insights and strategies to elevate your leadership skills. Learn how to inspire, motivate, and guide your fellow Lions towards success.

Empower Your Club: Equip yourself with the knowledge and tools to empower your club members. Discover effective techniques for membership growth, project management, and fostering a culture of inclusivity within your club.

Expand Your Network: GLT Workshops bring together Lions from across District 105CW, fostering connections and collaboration. Exchange ideas, share experiences, and build a support network that extends beyond your club boundaries.

Boost Club Performance: Implementing the strategies learned through GLT opportunities can have a profound impact on your club's performance. Enhance project planning, execution, and evaluation, leading to greater community impact and visibility.

Personal Development: GLT workshops are not just about improving your leadership skills; it's also about personal growth. Gain confidence, refine your communication abilities, and embrace new perspectives that can benefit you in all aspects of life.



How Can You Participate?

Some events will be held on Zoom but other will be held at different locations within District 105CW, making them accessible for Lions across the district. For specific details regarding dates, venues, and registration keep an eye on upcoming announcements through email and on Social Media and from your club and district leadership.

Mark your calendars and make sure to secure your spot as soon as registrations open!

Embrace these chances to learn, grow, and become an even more impactful within your community.

Together, let's make District 105CW a shining example of Lions leadership!

Club News

Shakespeare Lions - Young Leaders in Service

This wonderful programme is for 8 - 18yr olds. Essentially, it gives an opportunity for young people who do "unpaid volunteering stuff for the community" to get recognised.

There are two awards; the SilverSeal' recognises someone when they have served for 50 hours over a year while the Gold Seal' award gives recognition to 100 hours of service and again over a year.

In May four young people were presented with their awards at our May Business Meeting by the Mayor - what a great achievement!

The young people who've been involved with this have been incredibly creative in what they do—from visiting the elderly in care homes or caring for a disabled family member, to volunteering at e.g. Guides or Scouts, through to tree planting or rubbish collecting so their community can enjoy a better environment.



Some spread their volunteering service over a range of activities while others like to focus on just one area.

It's wonderful to be able to give them recognition in this way—this helps their job prospects because it makes them stand out from the crowd for an employer.

Coventry Godiva Lions conducts Men's Health and Wellness Event

10th June 2023 - What a day it was at Lions Club of Coventry Godiva!!!! Two Events, One Day, Different causes.

Firstly, to mark International Men's Health month and in the leadup to Father's Day, a men's health and wellness event was held at Coventry Transport Museum. Organised by the Coventry Godiva Lions in partnership with NHS Coventry and Warwickshire Integrated Care System, and Coventry Navigation 1 PCN. Nearly 30 national organisations attended, offering support to more than 160 people who attended, to improve their physical, mental wellbeing, awareness and prevention, social support, sexual health, and holistic care.

Health screening check was done to identify potential health concerns, provide information on the services available to them, as well as advice and support given on how to prevent long-term health conditions by adopting healthy lifestyle choices.



A range of activities, advice and support were available on the day including: 1) Blood tests for checking for prostate cancer in high-risk individuals, and point-of-care testing for diabetes and lipid profile; **Godiva Lions** promoted Message in a Bottle, Spectacles and Hearing Aid recycling too.

Secondly we were at Kenilworth Lions Grand Show selling our ever popular Indian curry and Rice. Lion President Davinder Matharu sponsored the food. All the [Lions Club Of Coventry Godiva](#) members supported & helped at the food stall. It was a brilliant day and we had a great day fundraising for charities we support.





Hereford Lions - It is with great pleasure that we are able to report back on our recent International Football Tournament and Youth Exchange which took place in Vianen and Lexmond (Netherlands) from 25th to 29th May. We took 81 children of all ages (U15's Girls & x4 Boys Teams of U13's, U15's, U17's, U19's) along with some members of the Hereford Lions Committee and a Strong Football Management Team to help manage and support the weekend. The children are all hosted with Dutch Families and we have had nothing but positive feedback from the children and the hosts on the experience and enjoyment they had over the weekend. This visit is part of a Long Standing Youth exchange (+40 years) with the Dutch visiting Hereford every year in October.

If you feel you can help in any way by further supporting this part of the Exchange Programme in October please get in touch with one of our Committee, this could be either direct hosting or financial support depending on circumstances.

This was the 46th Year of this annual Exchange and unfortunately on the footballing side we came up just short of all the big prizes, but we were represented in all five finals, across all age groups (Boys and Girls), but unfortunately fell just short in x4 of those. We did have success on two fronts. U13's Boys winning the trophy as the highest scorers across all age groups, and also fantastic success with our U15's Boys, with them Winning their age group overall, meaning we were runners up in all other age groups and also runners up in the overall tournament.

Warwick Lions have held the first of what they hope will become an annual event on the local music scene, a Charity Jazz Night, which is designed as well as raising funds for the Club to become a showcase for local musicians.

This years well attended event was held with the assistance of our friends at the Jockey Club in the opulent Pavilion of Warwick Racecourse and featured three local bands as well as local brewers, distillers and food venders.

Plans are already going ahead for a bigger and more spectacular event next year.



Kenilworth Lions – A Trading Success - £90,000

Kenilworth Lions Club have been in existence for more than 50 years. They are a very active club with one of the largest memberships in the 105 Multiple District – currently 54 members. For many years, the main source of funds is their used furniture store, which has been running since 1992.

The furniture store is very labour-intensive, over 800 hours a month are required to operate it and all the activities associated with it; but it does generate large amounts of money for the club to give away!!

In the 2022 – 2023 Lions year, approximately £90,000 will have been distributed to people and projects, mostly local to Kenilworth, some international with a local connection, but also to assist District and LCIF Lions appeals.

As well as donations of money, a lot of donations are of furniture. These go to local people in need, women with their children moving on from Refuge accommodation and, increasingly, to refugees being rehoused from local refugee centres. The club work closely with local government and NGOs to ensure all claims are genuine.



A fundamental community benefit from the furniture store is to reduce furniture and other household items going to landfill as waste. Kenilworth Lions Furniture Store has long been a community hub for recycling spectacles and hearing aids.

Kenilworth Lions collect around 3,000 pairs of glasses each year. Corks, crisp packets and used laptops / tablets are also collected for recycling.



Kenilworth Lions hold a very popular Grand Show each June, giving local charities and businesses a chance to advertise and make money. Entertainments are provided all afternoon and the Abbey Fields rock on with bands in the evening.

The Kenilworth Lions Grand Show is a great opportunity for the club to give something back to the community that supports it. Over 1,000 hours are required to make it

happen each year. The show is always held on the second Saturday in June.

Another long-standing tradition is the Boxing Day Duck Race, this year it was a little different.

Kenilworth Lions have held a traditional Duck Race on Boxing Day for over 30 years. This takes place in Finham Brook in Kenilworth. Due to current building works in the park and some safety concerns we were unable to hold our Duck Race in Dec 2022.

The Duck Race is a fundraising event for the Kenilworth Lions. So not to be defeated we put our thinking caps on and came up with what was initially seen as a “mad idea”!

We wanted to be involved in the community over the Coronation Weekend. Following initial planning we set out to sell our Alternative Duck Race Tickets over Easter. The Kenilworth public did not let us down and tickets sold quickly. A single prize of £500 for the winning Duck which we named the “Golden Duck” and presented the winner with an actual Golden Duck to keep along with their prize. The event was named The Royal Duck Progress. The idea taken from the Royal Progress of Queen Elizabeth 1 to Kenilworth Castle in 1575.



The Duck Race Chair was “Queen of Ducks” supported by her Lion President. As befit such status we travelled around Kenilworth in a beautiful Vintage Bentley.

Following behind was the “Keeper of the Ducks” and our “Royal Photographer”.

Our 1500 ducks instead of racing down the river went on a progress with the Queen Duck and the Lions President to 5 Venues around Kenilworth. At each venue 12 Ducks were chosen and placed in the Golden Chalice.

We had 60 Ducks in our Golden Chalice. One of the most amazing sights was coming down Castle Hill and seeing a mass of yellow Tabards behind the Castle Gate cheering us. So many Lions and a Mayor!!!

The plan was for the successful 60 Ducks to swim in Queen Elizabeth’s Royal Fountain in the Elizabethan Garden – sadly shortly before the event we were informed it leaked!! But nothing will deter a Lion!

Our Ducks were presented to our Kenilworth Mayor who duly chose the winning Duck. A few days later we presented a local resident with her £500 prize and Golden Duck.

Wotton Lions believe that an important part of Lions is also to have fun. Wotton recently arranged a lunch at Aerospace Bristol, home of Concorde.



Well, that is the end of my turn as newsletter editor. Having done two years I am happy to be handing over to Jenny McKirdy who has agreed to take it on. Thanks to those clubs that have contributed stories. I believe that by sharing what we have achieved, we help and inspire others with our ideas.

My disappointment is that so few of the clubs in our district contribute stories, although looking at social media I can see they are active. Please give Jenny your support to ensure that the newsletter is worthwhile.

Jenny will get any stories you email to: news@lions105cw.org.uk

Your clubs story could have appeared in this white space but I had to find something.....

SHARE WHAT YOU DO

HELP OTHERS WITH YOUR IDEAS.



Sharing stories helps us grow