# 105CW News and Information April 2023

# 105CW District Convention 31st March—2nd April

If you came to last weekend's convention you know what a great time was enjoyed by all.

If you didn't......You missed a great gala night on the Friday evening.
Inspirational speeches from our international guests.

3rd Vice International President Lion A.P.Singh
Past International Director Sangeeta Jatia
Saturday night was party night and it was quite a party.

















A few photos below—more will be available on Facebook. "Lions105CW" in the new few days





Bumper list of new members this month - We are glad to have you and wish you great success and enjoyment in your new club.

**Balsall Common** John Blunt **Balsall Common** Jonathan Cole **Balsall Common** Robert Jones **Black Mountains** James Spittle **Bromyard** Jane Davies Gower & Llwchwr Estuary David Mclaren Gower & Llwchwr Estuary Maria Mclaren Christine Holt **Harborough Twenty 12** Lechlade & District Richard Wheeler

Melton Mowbray Elisabeth Basham Pembroke & Pembroke Dock Catherine Evans Severn Dean Kim Morgan Stour Valley Amanda Holden **Sutton Coldfield And Erdington** Tracey Peters Peter Coleman Tetbury Warwick George Preston Warwick Jessica Wilson

and .....from Coventry Leoafric

Aazmi Ashraf

Abiodun Adesanya

**Alison Bagley** 

**Andrew Miles** 

**Bob Roberts** 

Deirdre Morrison

Fiona Forster

Fran Barley

Germaine O'Shaughnessy-Prince

Giovanna Fusco

Gloria Ogunbadejo

Jay Allen

Karen Johal

Katarzyna Niemiec

Katharine Du Toit

Lashelle Marlow

Magdalene Lewis

Marc Bufton

Marie Glynn

Mathilda Legitimus-Schleicher

Michael Thomas

**Ninette Sandberg** 

Norma Glenn

Raj Gill-Harrison

Ryan Osborne

# Membership Matters.



Spring is a time for things to grow - grow your membership, grow your community reach and also grow your friendship and fellowship in your Club.

Club Social activity and friendship amongst all members is vital for an active and effective Club. Just as we plan our Service and Fundraising activity, it is important to plan a variety of social gatherings that can involve all members in some way. They don't have to be big or expensive events. Maybe you can meet for coffee or a chat. Maybe one of your members has a garden where they can host a summer barbecue or maybe there is some countryside or a park where Lions can walk or maybe have a picnic together. We spend most of our time talking about Service and helping others, but we mustn't forget that we also need to help each other and find friendship with our fellow Lions.

Friendship, patience, empathy and respect for others is important. Think positively and speak kindly, be aware that a smiling face might hide an unspoken worry or a troubled mind. We must build and maintain positive relationships. Yes, this will help us to retain our members. but it will also give us the basis of a sociable, happy Club that will be attractive to potential new Members when they see us out and about, active in Service and together in fellowship.

Sue Wilding 105CW Membership Team gmt@lions105cw.org.uk

#### **Club News**

Bromyard Lions. Presented a certificate of appreciation to a gentleman by the name of Malcolm. Malcolm lives in an assisted living facility, he is amazing, in his own time he travels around Leominster collecting glasses from various facilities and then takes them to Scrivens and they then transport them to their Bromyard branch where Becky Bywater collects them. Having heard what he does she felt it important to recognise him for all his efforts. When she



presented him with his certificate he was so happy and also very happy to be recognised.

#### **Balsall Common Lions**

Balsall Common Lions didn't hesitate in pledging £1,000 to the LCIF appeal for the Turkey-Syria Earthquake Disaster. This was closely followed by our team of volunteers braving the elements with a tin-Shake in the village. Our Tin-shake raised £1,061.27, plus an additional £815 in on-line donations!

# **Donation to Balsall Common Library**

We are really pleased to support Balsall Common Library with the donation of a fantastic new children's library rug and welcome mat. It's nice to see plenty of Lions on the rug!

# **Balsall Common supporting Marie Curie**

Balsall Common Lions Club swapped their tabards, with a very successful collection on behalf of the Marie Curie Great Daffodil Appeal last weekend.









#### **Southam Lions**

Southam Lions Club encourage teenagers to take on voluntary work to serve the community in some way and give

them some recognition for their efforts. This year was particularly gratifying with 5 teenagers undertaking various types of voluntary work and logging their involvement.

Southam Mayor, Angela John, presented these young people with their certificates, cheques, appreciation letters and badges from the Lions Clubs International.



Gold Awards (100 hours) were presented to Nuala Chiba and Oliver Weatherall. Silver Award (50 hours) went to Loney Hill. Bronze Awards (25 hours) to Toby Kennedy and Theo Burguine. The Gold Awards came with a cheque for £100, the Silver Award £50, Bronze Awards £25.

All the participants were congratulated by the Mayor, the Club President and secretary and Lion Dave Thing, who is the Southam Lions YLIS organiser. The five leaders were then invited to outline their individual contributions and achievements: including coaching young children at football and gymnastics and the Cubs and assisting with the work at Southam's local Foodbank.

Nuala had also been declared the District Young Ambassador Winner and given further cheques, of £500 (from Lions Clubs International Area 105CW) and £200 from Southam Lions, payable to ILEAP (Inclusive Leisure Education Activities Project) the charity that Nuala chose to benefit from her voluntary work.

Having won the District Young Ambassador title, Nuala recently represented Southam Lions in the National Young Ambassadors Final In Dudley where, although not the overall winner, she gave an extremely good account of her voluntary work in the local community.

Nuala was presented with a trophy and certificate of Congratulations by Chairman of the council of Governors.



#### Zone 2 accept curling challenge

Members from all six Lions Clubs in Zone 2, spread around Northamptonshire, accepted the Zone Chairman's

challenge to a game of Curling recently.

Amanda Coleshill, a member of Wellingborough & District Lions Club, arranged the social evening, which included a Fish & Chip Supper, with help from

Northampton 80 Lions Club and Kislingbury Bowls Club.

Curling, a game usually played on ice in which heavy stones with handles are slid towards a target circle, has been adapted by the Bowls Club for playing indoors on a wooden floor.

It proved to be great fun as each team battled it out, cheered on by their fellow club members. The eventual winners, Ralph and Jan Watson from Rugby Rokeby Lions Club are pictured with their prizes.



#### **Warwick Lions**

Fifty years ago when Warwick Castle was still the family seat of the Greville family Lord Brooke the Earl of Warwick met together with representatives from Warwick Lions, The Rotary Club of Warwick and St. Mary's collegiate Church to create a unique charity event which would form a bridge between the Castle and the town and provide a festive event for the enjoyment of all and the benefit of those in need in the local community. Thus was created the Christmas Carol concert held annually in the grounds of



the castle. To commemorate its fiftieth anniversary members of the organising committee assembled to witness the mayor of Warwick plant an English Oak sapling in the castle grounds.

# **CWBI Virtual Lions**

We are proud to announce that our first Young Leaders in Service Awards go to 4 members of 1st Isham &

Orlingbury Scouts.

On Wednesday 15th March District Officer Lion Amanda Coleshill presented the 2 Silver Seal Awards and 2 Bronze Seal Awards.

The Scout troop and their parents were invited to attend and also present were Lion Barbara Gray, Scout Leader Sandra Lewis and ADC Piotr Shefchick.



# Ross Lions - Making an Impact with the RDA

Riding for the Disabled is a charity that Ross Lions have supported over several years. They have seen the work that the RDA do and heard about the benefits that can be gained when bringing people and horses together. So, Lion President Jenny Symington was pleased to be able to present cheques to the RDA when she visited each of their local centres recently.

People that attend the RDA Centre range from 5 – 85 years old and have a wide range of disabilities or additional needs. The benefits of attending an RDA session are numerous and they hope to improve not only riding skills but also core strength, communication and enjoyment! The sun was shining when the Lions visited to meet Liz, Claire and David of the RDA, the volunteers and of course the fantastic horses!



#### Shakespeare Lions Club Provided Free Defibrillator and CPR Training to Stratford Residents

Shakespeare Lions and Stratford Ambulance Association provided free cardiopulmonary resuscitation (CPR) and defibrillator training to 80 residents in the Stratford area. The sessions, at Foundation House in Masons Road, were very much 'Hands On' and were much appreciated by participants, some of whom even requested refresher courses at some stage.

John Barlow added, "Over the past seven years Shakespeare Lions have trained over 1,400 students at Stratford secondary schools in these skills. In the past eighteen months we have widened our scope to train residents in local communities such as Tiddington and just last month we undertook a training session for the staff at the Fred Winter Centre.

We hope to arrange further free Community Training Sessions in conjunction with Stratford Ambulance Association in due course."





# **Wotton Under Edge Lions**

Wotton Lions refurbished some of the buildings at Bournestream play and picnic site for children with special needs and along with many other clubs supported Marie Curie with the Great daffodil appeal.



