

# #TEAMCW

105CW News and Information November 22



## District Governor Lion Rav Sandhu

### Why should volunteers join a Lions Club?

Reason 1: To Serve the Community. Lions are committed to partnering with local leaders and organisations, identifying the unique needs of their communities and surrounding areas, and planning service projects that address those needs. From community clean-up projects to food drives to fundraisers, Lions help people in need who are close to home.

Reason 2: To Make a Difference. A small act like collecting recycled glasses may not seem like much at first, but when these glasses are distributed around the world through Lions eyeglass mission that change lives, you'll soon discover that Lions are making a big impact. Lions are everywhere: teaching children to read, responding to disasters, fighting measles, providing clean water, and so much more.

### Another busy month for the District Governor:

Attended diabetes testing organized by Nuneaton Lions Club in association with Silver Star. Over 100 tests were carried out by highly experienced medical staff and with some being referred to their General Practitioners.

Two great club visits this month. The first to Rushden & District Lions which despite being a small club in numbers is very active in serving their local community. And the second to Bilston & Willenhall Lions which is also a small club, who have just started a coffee morning for those in their local community who are affected by dementia.



A wonderful Charter Lunch at Wellingborough & District Lions Club, what a great afternoon of fellowship, where 11 other clubs were represented. It was a great honor to be presented with silver handmade Lions International cuff links, by the Past District Governor Chris Burrows.



Council of Governors weekend meeting at Chesford Grange in Kenilworth. There was a lot of information shared and discussed.



Great privilege to be Invited to attend as Honorary Guest the Junior Football World Cup in Doha, Qatar for the under privileged children from 24 Countries. I also took the opportunity to raise awareness of Lions Clubs International as there are currently no Lions Clubs in that country.

Numerous online meetings throughout October regarding District, Multi-District and our MD Foundation.



#### Dates for Your Diary:

I would strongly encourage our members to attend the Autumn Forum at Parkway Hotel in Cwmbran on Sunday 20<sup>th</sup> November 2022, to enhance their learning of Lionism and meet fellow Lions from other clubs within our District and listen to motivational guest speakers.

Also, please save the dates for our District Convention of Friday 31<sup>st</sup> March 2023 to Sunday 2<sup>nd</sup> April 2023 at Best Western Hotel in Meridan, near Coventry. We are honored that our International Guest will be the inspirational International Third Vice President A.P Singh. More details to follow next month.

#### Polite Reminder to Club Presidents:

Please send in an editorial regarding your service projects with texts and photographs so that these can be included in our newsletter and shared with other clubs in our District. These are to be sent to Pat Comer at [news@lions105cw.org.uk](mailto:news@lions105cw.org.uk)

#### District Governor's Diary Dates for November 2022

- 03/11/2022 Kidderminster & District – Club Visit
- 07/11/2022 Severn Dean – Club Visit
- 08/11/2022 Cotswold Fosseway – Club Visit
- 09/11/2022 Birmingham Mosley & kings Heath – Club Visit
- 10/11/2022 Droitwich – Club Visit
- 11/11/2022 Cheltenham Charter
- 20/11/2022 Autumn Forum & Cabinet Meeting






# District 105CW

## Autumn Forum

### Sunday 20th November 2022

### Parkway Hotel, Cwmbran

**A chance to celebrate being a part of #TeamCW,  
see our friends & continue to be inspired as Lions**

**For details of how to book and how to pay £15  
per person cost see post below**

[www.lions105cw.org.uk/cw\\_forum](http://www.lions105cw.org.uk/cw_forum)



### **Membership Matters**

How are we doing with our Membership Growth this year?

Since the start of the year on 1<sup>st</sup> July, we have 61 new members in our Clubs which is wonderful news. I know we are pleased that they have joined us and that you are getting involved and making them feel welcome.



them

When we look at what we have achieved so far this year, our members are our greatest and most valuable resource. We cannot do our great Service to our Communities without active and involved members.

It would be wonderful to see some of our new and newer members at Autumn Forum. If they come we can help them see the opportunities that exist from being part of more than just a Club, they are part of a great District too. The more that we meet each other, the more we will feel encouraged to bring more ideas and energy into our Clubs.

Membership will be on the Agenda for the Forum, so I hope to see you there!

*Sue Wilding* Membership Team Coordinator [gmat@lions105cw.org.uk](mailto:gmat@lions105cw.org.uk)

## Welcome to our new members

**Birmingham Moseley & Kings Heath**  
**Bristol Brunel**  
**Bristol Brunel**  
**Cheltenham**  
**Glantawe Swansea Valley**

Kelly Kaur  
Xi-Ying Contentot  
Christopher Wells  
Isabella Edmondson  
Christine Rees

**Kenilworth**  
**Shakespeare**  
**Tetbury**  
**Wotton Under Edge**

Marlene Cox  
Robert Johnson  
Madeleine Dakin  
Jane Mason

## Club News

### Lions ROAR 2022 — Chepstow and Caldicot Lions

President Denise Harrison, Chepstow and Caldicot Lions said “we are excited to be able to support this youth initiative, to give children and young people the opportunity to think big and create world changing ideas through the **Lions Roar 2022** competition.”

There are around 20,000 pupils taking part this year in over 100 schools supported by Lions Clubs from across the British Isles.

Chepstow and Caldicot Lions are supporting 6 local schools who have registered to participate in the competition:



In the photos, Lion Brian and Lion Phillip visiting St. Mary's with a talk on problems, planning, and ideation.

### Shirley LC, Solihull LC and Acoccks Green. Lions Beer Festival



Over the last number of years Shirley LC, Solihull LC and Acoccks Green LC have combined their forces and co-operated on a number of occasions. This is especially the case with the 3 Lions Beer Festival, where members of all 3 clubs work together. It makes the whole Lions experience so much more fun.

### Shirley Lions Food Bank support

This year Shirley Lions targeted new estates that have been established in Shirley with four new routes. We decided to target these estates with a two pronged attack.

Of course it was foremost a Food Bank collection, but, every activity is a membership activity and this part was very much part of this as well. It might have been for most people the first time they saw the Lions logo and we hope it will not be the first one and that brand recognition will follow soon.





**Coventry Godiva Lions** in partnership with primary and secondary care conducted two well-attended health awareness events to support local communities and make people aware of what support services were available to access.

The first event was on the 24<sup>th</sup> of September and was conducted during the National Organ Donation week in collaboration with National Health Services Blood and Transplant (NHSBT), the organisation that oversees organ donation and transplantation in the UK.

This had the overarching message: “Save a life afterlife”. Members of the Transplant Services from: University Hospitals Coventry and Warwickshire (UHCW) NHS Trust and representatives of the Organ Donation Ambassador Programme were present to educate members of the public.

The Lions, “Message in a bottle” was also promoted.



The second event on the 1<sup>st</sup> of October, sought to promote the theme for World Diabetes Day 2021-23 – “access to diabetes care” by aiming to raise awareness of the impact of diabetes, how to prevent getting the disease and how to access local services for support.

Free point-of-care blood tests were done to check blood sugar, HbA1c and lipid profile. Members from the NHS Coventry and Warwickshire Integrated Care Board and experts from UHCW participated.

At both these events, there were: height, weight, blood pressure and BMI check; real-time assessment of heart health and promotion of healthy lifestyles.

A wide spectrum of health care professionals was at hand to provide relevant advice to the attendees to manage identified risks and encourage behaviour change.

These events represented excellent examples of implementation of the recently launched integrated care systems as recommended by NHS England and passage of the Health and Care Act (2022). Each of these provided a forum for participating organizations to network among themselves as new relationships were fostered to continue to help the community.

### **CWBI 2020 VIRTUAL LIONS CLUB - Young Leaders In service**

Young Leaders in action – looking after the environment!

On 6<sup>th</sup> October 8 young people from 1<sup>st</sup> Isham & Orlingbury Scouts, supported by Lion Barbara, were helping to clear up the local churchyard. This included weeding, cutting back hedges and refurbishing the Bug House.

Lion Clive has also been busy supporting Evesham Youth Centre on alternate Friday evenings and would like to encourage anyone who can offer help to come along, the more the merrier!





During the COVID pandemic **WARWICK LIONS** formed an association with two local community centres for whom we started delivering food parcels to service users. This was later expanded into a regular team collecting time sensitive food items from local supermarkets and delivering to the food bank and still later expanded again into the collection and delivery of flowers which although still in good condition were past their sell by date and therefore due for binning.

We are now involved in a further initiative, a weekly meet and greet session where the local people are invited in for a hot drink and a chat or maybe assistance with a problem which could impact on their mental health in the warm and friendly atmosphere of the Centre.



**Kettering & District Lions Club** is proud to have recently celebrated 50 years of service to the community at The Ritz, Desborough. The event was attended by current members, partners and those associated with the Club over the years. During this time the Club has raised and donated hundreds of thousands of pounds to mainly local causes additionally organising many

entertainment events for the elderly, children plus those with special needs. Club President George Potter said "We hope to continue to serve our community for many years to come and thank the public for their support and generosity.

**Redditch Lions** have been collecting for Children in Need since its inception in 1980.

Every year they buy an assortment of BBC Children in need items from the organisers out of our welfare funds and we sell these items to local residents who collect them each year.

Redditch have been doing this for 42 years and estimate that we have now collected over £40,000 for this charity.



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Please share your clubs activities

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Editor: **Lion Pat Comer** Email: [news@lions105cw.org.uk](mailto:news@lions105cw.org.uk) Closing date for articles is 25th of month