

# #TEAMCW

105CW News and Information July 22



## District Governor Lion Rav Sandhu

### OUR MOTTO " WE SERVE"

It is great to see Clubs actively serving their Local, National and International communities, across the District. The Lions are collaborating with their neighbouring Clubs to serve together and are planning Zone Projects for the future. We as a District 105CW have served, so far in this Lionistic Year over 93,000 people, with less than 50% of the Clubs reporting. It will be amazing to see the actual number of people served by our District, if 100% of the Clubs reported their Service. Please let us work together to report our Service activities on MyLCI, so that we can be the number one District. If training is required to log in your Club's service activities on MyLCI, please contact our District Global Service Team Lead, Paul Murphy by email, [gst@lions105cw.org.uk](mailto:gst@lions105cw.org.uk) or by phone 07963 041204. Can I please ask every club to write articles of your service activities and publicise them on social media and in this Newsletter. On social media it supports your membership and in this Newsletter we can learn from each other. Since our last Newsletter, I as your District Governor, have attended the Council of Governors face to face meetings, chaired my first District Cabinet meeting via Zoom and visited the following three Lions Clubs: Cardiff, Thornbury and Towcester & District. Being a keen sportsman myself, I could not let the Commonwealth Games pass me by, especially as these were being held only stone throw away. I, with my family, watched the Weight Lifting competition at the NEC and Athletics at the Alexander Stadium in Birmingham, proudly wearing my Lions polo shirt, where I met fellow Lions IPDG Jaap and Sara Moseley performing their duties as volunteers.



The District Governor Team has decided to rotate the location of our District Conventions and Autumn Forums in the coming years, for the benefit of all Lion members.

Autumn Forum 2022 : Cardiff                      District Convention 2023 : Meriden, Coventry  
 Autumn Forum 2023 : Birmingham            District Convention 2024 : Cardiff  
 Autumn Forum 2024 : Central                    District Convention 2025 : Central

**TOGETHER WE GROW, TOGETHER WE CAN AND TOGETHER WE WILL**

**District Governor's Diary Dates for September 2022**

01/09/2022 Dursley Lions Club Visit	13/09/2022 Abertillery Club Visit
03/09/2022 Birmingham Chinatown Charter	14/09/2022 Pembroke & Pembroke Docks Club Visit
07/09/2022 Caerffili Lions Club Visit	24/09/2022 Bromyard Charter
09/09/2022 Chipping Sodbury Charter	26/09/2022 Wellsbourne & District Club Visit

**Welcome to our new members**

AMMANFORD	ALUN HUGHES	COVENTRY MERCIA	ASHA MASIH	KENILWORTH	LAWRENCE GUY MEADS
BIRMINGHAM CHINATOWN	ANGELA HUANG	COVENTRY MERCIA	DAVINE PARTRIDGE	KNOWLE & DORRIDGE	PETER ROBINSON
BIRMINGHAM CHINATOWN	RAHIM UDDIN	COVENTRY MERCIA	CARL SAUNDERS	LEICESTER HOST	ANDREW NORRIS
COVENTRY MERCIA	KHUSHWANT CHAULI	HARBOROUGH TWENTY 12	GABRIELLE BELFORD	LLANTWIT MAJOR AND COWBRIDGE	JOHN SULLIVAN
COVENTRY MERCIA	OMKAR SINGH GALLA	HARBOROUGH TWENTY 12	KEITH NIXON	OADBY & WIGSTON	NICK CASSIDY
COVENTRY MERCIA	HAKAN GOKBERK	HARBOROUGH TWENTY 12	MARGARET SHUTER	RUGBY ROKEBY	SOPHIE ABBOTT
COVENTRY MERCIA	JASHVINDER KALSI	KENILWORTH	ANTHONY DAVID EVANS	SANDWELL	LEE SCRIVENS

**Membership Matters.**

What makes a Club?

We are all members of a Club and we volunteer our time and talents to make a difference in our communities and our world. We have great goals to aim for and we (quite rightly) feel good when we make our contribution.



However, I would like to suggest that a Club is even more than this. It is also about the social side of being a member. A Club is a group of like-minded individuals. These individuals build their friendship by enjoying relaxing and sharing time together. We don't start as friends at first, it can take time to get to know each other. Lions who already belong need to build our camaraderie and make opportunities to help our friendships grow. The social side of life has suffered from the separation of the pandemic times and we need to put that back into our lives again.

Lions in CW can be great at being social. We have had a long, hot summer and there have been lots of pictures on Facebook of Lions holding barbecues, garden parties and picnics. The social aspect of Lions is the 'glue' that holds our Clubs together. Whether it is informal suppers, pudding evenings, black tie charter celebrations, camping weekends, darts and games nights, restaurant meals or coffee mornings there are as many ways of being social as we can think of and do.

Socials are also a good way to thank our volunteers – those 'friends of Lions' who are not members but who support us and help us in so many ways. Do you invite them to attend your Charter Celebration? It's a great way to offer our friends the chance to socialise and, when they hear what the Club has done in the year, be inspired by what they have helped to achieve. Maybe then they will even think about joining us as members!

If you have any questions, ideas or suggestions about Membership matters, please get in touch.

Sue Wilding    Membership Coordinator    [gmt@lions105cw.org.uk](mailto:gmt@lions105cw.org.uk)

## ***small Things - BIG Difference***

Lions have a lot to be proud of - brilliant fundraising, brilliant support of projects both big and small and all of those brilliant acts of service that make the world a better place for those we help!

At the time of writing, Lions in 105CW have reported that over 78000 people have been 'served' since July 2022! What an amazing achievement!

However, sometimes we may think that the little things don't count – but if every member in our district reported one person served each month of the year, it would equate to approximately 20000 people served – that's not a number to be sniffed at and as we're often told by a well-known supermarket, 'every little helps'.

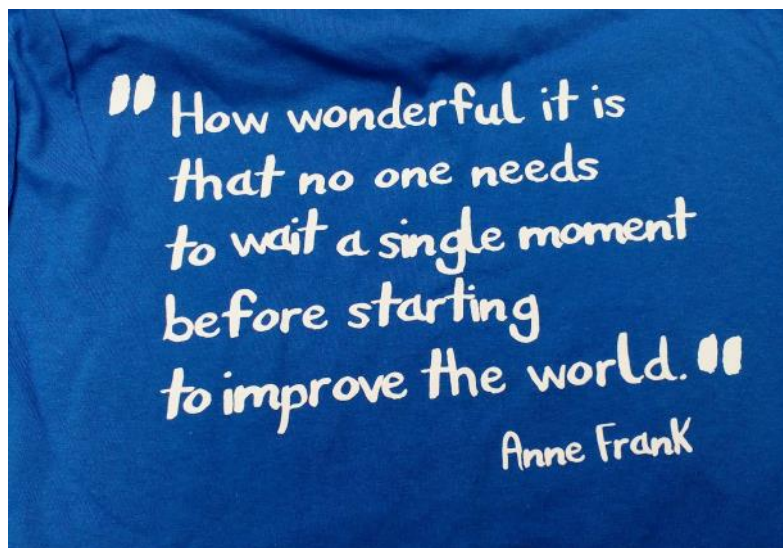
In this newsletter you'll find the #TeamCW Lions Bingo Service Game – 15 small things, most of which can be done from the comfort of your own home – why not take a look at some of the ideas and try to cross a few off – or even work with other members of your club and try to get a Full House! Just remember to get the service recorded so our numbers can continue to grow!

Well done #TeamCW for everything you achieve – no matter how BIG or small – every action makes a difference – and remember it's amazing to think that - Lions make the world a better place, one person at a time.

Paul Murphy – Global Service Team Lead



## **Lions Roar 2022 Competition - Children Changing the World**



The Lions Roar Competition is an inspirational education competition run in partnership with the award-winning education company, 8billionideas. This unique programme inspires children between the ages of 7-11 years old to think big, dream big and change the world with their ideas. Children gain important life skills from taking part in the competition, how to work together in teams, develop their communication and presentation skills, whilst boosting their self-confidence and self-esteem, and the teachers love the programme too.

If you or your club would like to know more about the Lions Roar 2022 competition, please view the video <https://www.youtube.com/watch?v=xswXkG0XrCY> and find out more through: <https://lionsclubs.co/MemberArea/knowledge/roar-2022-how-to-get-involved/>

Please note: Your Lions Club still has time to get involved in the competition, as schools can be entered into the Lions Roar 2022 Competition up until 16 September 2022.

## LCIF – Your Foundation.

If you were asked “what is the Foundation for?” would your first thoughts be “to help in case of an emergency”. Well you wouldn’t be wrong, but it’s for so much more. If your first thought was “to award grants for overseas projects” again you wouldn’t be wrong, but it is for so much more. Some Clubs, some Lions believe that LCIF is only for overseas help, but that is a misconception. In times of local disasters such as flooding, funds have come from LCIF to help. When Clubs have applied for grants to support projects such as the Air Ambulance project, LCIF approved and supported it.



**Lions Clubs International  
FOUNDATION**

LCIF, our Foundation, supports disasters and grants all over the world, including Great Britain.

Lions Clubs from around the world have and continue to support the Ukraine disaster appeal. Please continue your support in whatever way, with whatever fundraising projects you can.

Donating funds to our Foundation is easy. Cheques should be made payable to District 105CW and on the back of the cheque write: LCIF Ukraine (or “undesignated” or the specific designation). Any Clubs needing assistance with this can just contact myself or the District Treasurer.

We now have the end of year numbers for our District contributions to LCIF which have been really amazing. District 105CW Lions Clubs last year donated over **£130,500**. 75 Clubs in our District made donations to our Foundation.

*Keith Wilding District CW LCIF Coordinator    Icif@lions105cw.org.uk*

## Service Team Update

Since July 1<sup>st</sup> this year, we have served nearly 100K people in our district! What an amazing achievement! Take a look at the rest of the figures below, taken as a snapshot on 26<sup>th</sup> August! Why not consider adding them to the bottom of your club minutes to inspire and motivate service!

As a district we have so much to be proud of and to celebrate!

Have you seen the 105CW Community Service Report for last year? It tells the story of our district for the last Lionistic year – over 700,000 people served and £316,000 donated! These are figures to be definitely be proud of!

% Of	Service	People	Hunger	Vision	Diabetes	Environment	Childhood	Other
42%	255	91,010	6573	14,850	211	15,651	756	53,047

## A message from Sight Awareness Officer, Richard Stannard.

National Eye Health Week, 19<sup>th</sup> – 25<sup>th</sup> Sept, will be focussing on the importance of eye tests. Could I ask clubs to promote this message wherever possible. HQ (01214414544) can supply bundles of promotional leaflets detailing the benefits of regular eye tests or I could email the scanned leaflet, on request, for printing.



**Lions Clubs International**  
British Isles District 105CW  
*At the heart of your community*

**COMMUNITY  
SERVICE  
REPORT  
2021-2022**

Our Lions District has a membership of approximately **1600**, in **92** Clubs across the Midlands and Wales. Lions give their time freely to serve their community and beyond through support and aid.

Our Motto is **“We Serve”**

During 2021-2022, our members have:

Volunteered **72,221** hours in service to our local and wider communities

Taken part in **2,149** separate service activities across the year

Served **723,420** individuals in the local and wider community

Donated over **£316,000** to good causes in our local area and further afield.

I am Leonie Sims, your **new voices officer for 105CW** and I would love to hear your Lions story.

New voices work with the global membership team and can be contacted anytime.

Do you have a story to share? Are you a new Lion? Or have you served for a number of years? It doesn't matter.

We would love to hear your story as a new Lion and how you became involved in Lions. What would you like to achieve as a Lion and how do you see your journey evolving?

If you have a member in your club that you would like to celebrate and they have excelled in one of the four categories then please encourage them to share their story or share it yourself.

The four categories that new voices focus on are Membership, Leadership, Service and Marketing.

Please make contact via the email address: [NVC@lions105cw.org.uk](mailto:NVC@lions105cw.org.uk)

## CLUB NEWS

**Kettering & District Lions** recently received a request for funding from a local organisation called BHVA - Beccy Hurrell Visual Arts - which is based in The Yards in Kettering town centre.

The aim of the organisation is to provide a hub and sanctuary where all members of society have a place to grow and develop, whether that be creatively or socially. This summer Beccy and her colleague Lindsey plan to take a group of children into Kettering to participate in drawing activities and perhaps take them to lunch.

In order to do this safely during the day each child will need a high viz jacket. Kettering Lions have funded the purchase of 20 high viz jackets, which carry the club's logo, in order to facilitate this project.



## Commonwealth Games

Lots of Lions from 105CW clubs were volunteers at the games. A few are pictured here.

## Shakespeare Lions

Four Shakespeare Lions volunteered at the Commonwealth Games in July and August - they were all at different locations including the Athletes' village at Birmingham University, NEC, Coventry stadium.

They all took on various roles helping both athletes and the general public before and during the games.

In true Lions spirit, they have been finding more ways to serve the community.



Lion Mark with two Lions from Chelmsford



Lion June sharing a Gold moment with Don from Samoa



## Wotton Lions

Lion Julie Jenner carried the baton and volunteered during the games



Shakespeare Lion Anne showing the way!

## Balsall Common Lions supporting the Commonwealth Games Queens Baton Relay

Hundreds of children, their parents and their grandparents welcomed the Commonwealth Games Queens Baton Relay baton bearers through Balsall Common.



## These Lions Never Sleep—Rugby Rokeby Lions

It's been a very busy time for the members of **Rugby Rokeby Lions Club**.

They say a picture paints a thousand words so, rather than writing a huge amount, here's a picture gallery of just a few of our recent events and service . . .



Regular support for Rugby Foodbank



Helping Lion Sophie Abbott and her Bags of Joy team give young Ukranian refugees an amazing day at the seaside



Morning Coffee with Lions in the Isle of Man



OK, so sometimes a Lion has to rest in the shade

## Wotton Lions

Wotton supported our local community hub by contributing to the cost of a new noticeboard and then installing it.



## Ride over the Edge

Having launched a 10k running event **10, 000M UNDER THE EDGE** the next step was to launch a cycling event, **RIDE OVER THE EDGE.**

Over 140 riders left Wotton on various routes around the Cotswolds. They had a choice of 50k,100k or 150k raising a significant amount for our funds.

