

District 105CW News & Information



Lion Richard Williams
District Governor 105CW
2020 - 2021

Newsletter Editor: **Lion Melissa Murphy** Lion Magazine Liaison: **Lion Brigitte Green**

Email: news@lions105cw.org.uk



Dear Fellow lions of District CW, #TeamCW. Firstly are you ok? As always asking how you are is important to me as we are the family of #TeamCW. So I am writing the words for the last District Newsletter of this Lionistic year. Where has the time gone? Before I started my year as DG, I had so many plans of what my year would look like, and I was looking forward to meeting you crazy, bunch of Lions, I had plans for Autumn Forum, Convention and the District GAT days: now these are just ideas still in my head. Having the privilege of being Council Chairman for 2021/2022, next year at the MD Convention, I still plan to do some of my ideas. The theme I have already decided on " Lions, It's a Kind Of Magic", and although I have to share my love with seven more Districts, you are the ones closest to my heart. Why do I have you closest to my heart? Well let's go back in time, you allowed me to be your DG, but definition of a DG is just being a humble part of the team.

I then asked you to take my hand. I asked you together to see a world that needed Lions more than ever before. I asked you to join me as we serve with Pride. I asked you to join me as we serve with passion. I asked you to join me as we serve with a smile. I asked you to join me and let's serve together. I asked you to join me and allow others to have the privilege of being a Lion.

How do I know you have done what I asked? We are showing a positive gain for membership, We had three new clubs formed, we did amazing service, and I know this because as I write this, we have surpassed 500,000 people helped by Lions of #TeamCW this year. It is not too late to add to these figures. Our district service team lead Lion Simon, has offered to help any club who has not reported service. Let's see how many people we can help by end of the Lionistic year, then we can shout it everywhere! When people say 'Who are lions?', we can say that we are a proud bunch of Volunteers who this year have helped half a million people and if you want to help us, you can join.

Another challenge was given to you by Matt Kilpin, our District & MD Environmental officer. It was to collect

2022 bags of rubbish by 2022 and it really cheers me up when I see pictures of Lions stood by bags of rubbish. The latest figure stands at 12% of the target already achieved- WOW!

At the recent GAT Day, I presented 4 New Voices certificates. These were for newish Lions who have in my opinion, stepped forward. The four Lions I awarded this to were:

New Voices, Service – Lion Dave Fellows, New Century Lions Club

New Voices, Leadership- Lion Fayed Hussain, Coventry Mercia Club

New Voices, Membership- Lion Tracey Ward, Worcester Lions Club

New Voices, Marketing- Lion Brian Waters, Chepstow and Caldicott Lions Club

I would like to remind you of two events:

Sunday 27th June- Lions Virtual Village Fayre, see advert. Please get your entries in now.

Sat 3rd July- District CW handover, spaces are limited, so if interested. Please email Lion Jaap ASAP. We would love to see you.

I would like to thank all District Officers, who have served with me this year, you were amazing, to all Zone chairs, thank you for making sure the Lions we have in our District felt connected.

I would personally like to thank Lion Melissa Murphy for this beautiful Newsletter, which is put together for the benefit of all Lions in #TeamCW every month. I send it all around the world because I am proud what #TeamCW is achieving.

I wish Lion Jaap, DGE and all his team great success for the year.

Last Thought of the year for our Newsletter

My curtain call has come, and it may be hard to let go of being your DG, but let go I will. I remember what someone once told me, (my better half actually). She tells me to never be sad its over, be happy it happened. I will remember that. So on behalf of Lion Jackie and myself, thank you.

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BARWELL & EARL SHILTON LIONS CLUB

BRIAN LANGTON

CENTRAL WEST BRITISH ISLES 2020 VIRTUAL LIONS CLUB

CLIVE THOMAS

HARBOROUGH TWENTY 12 LIONS CLUB

HOWARD JONES

LECHLADE & DISTRICT LIONS CLUB

ANTHONY KANE

STOUR VALLEY LIONS CLUB

MARGARET MOORSE



This year, the Lions Clubs International Convention is coming to you! Register for #LCICon2021 to join Lions and Leos around the world. For registration details go to lcon.lionsclubs.org #LCIConAtHome

The #LCICon2021 Event Schedule is up! Here's your lineup for the five most exciting days of the Lions year. <https://lcon.lionsclubs.org/experience/event-schedule/>

Lions Virtual Village Fayre

Dear Fellow Lions,

We have great pleasure in inviting all members to the 'Lions Virtual Village Fayre'

Which will take place on Sunday 27th June 2021 at 12.00pm.

Imagine joining your Lion friends online, with a homemade drink, an afternoon tea or picnic. Why not go the whole hog and dig out bunting and decorations to add to the atmosphere?

Join in the fun by entering one or all of the following competitions:

- Best 'I love Lions' Photo
- Best Lions Cuddly Toy
- Best Garden
- Best Flower
- Best Dessert/Cake
- Best Brain Tumour Research Hat

To submit an entry please send your photos with the competition name, your name, club in the subject heading to 105cwfayre@gmail.com by Sunday 13th June.

Entries will be shortlisted to 9 entries per category by a group of 3 distinguished Lions.

We will be creating a virtual marquee on Facebook where we will upload the photographs for each competition and Lions will then be able to vote for their favourite entry through Survey Monkey and winners will be announced on the day of the Fayre.

Please express your interest in attending the 'Lions Virtual Village Fayre' via Zoom by emailing 105cwfayre@gmail.com.

We look forward to seeing you there!

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Melissa Dunn - My induction to the Dudley Lions Club

It all started with a leaflet in my letterbox, the words stood out to me. Do you want to meet new people, make friends and help out in your community? I instantly thought how great that would be especially after the last 12 months of being in lockdown mostly and realising what is important. I have always wanted to help and give back and did more so in a previous job but had recently felt I had less opportunity to do this.

I sent an email and signed up to a zoom meeting to find out more and I was greeted with a fantastic warm welcome; smiling faces, people I had never met before but felt at ease with straight away.

I attended more meetings over zoom and came to find I felt more positive, really enjoying getting to know the lions and what they do, each time I spoke to them. We kept in contact via WhatsApp and email so we could make plans and keep in touch. There was no pressure and we were kindly told you do what you can and so we all understand that we have families and commitments but also have time to give to do our part.

I was inducted on a car park, right before the start of a litter pick with my fellow lions around me and it felt great! As we completed our service hours the time went so quickly and we all had lovely chats getting to know each other and like one of our Guiding Lion's Paul said it was like we had known each other for years! Being part of the lions feels like having extended family.

I want to tell others don't be afraid to get involved, joining the lions is a wonderful experience. The warm welcome and friendship is lovely as well as giving back really helps the community and people in need. Even with the restrictions of Covid, joining was great for me and keeping in touch via zoom and WhatsApp has made things really simple. There is always someone there to guide and help you and I hope more people will be encouraged by my experience and be as happy as I am from joining our lions club.



Warwick Lions

Meet Peter Amis, Warwick Lions incoming President, a club member for 37 years and at 86 our oldest member, who will preside over our Diamond Jubilee Celebrations. Warwick Lions Club was chartered on 20th. February 1961 but celebrations have had to be kept on hold until now. To mark the Clubs 60th. Anniversary members have each agreed to undertake a fundraising event reflecting the figure 6, in order to help replenish our charity account which has become severely drained due to the Covid pandemic.

Despite the shortfall of funds but aided by generous grants, the club has continued delivering food parcels and providing laptops to less well-off families to facilitate home schooling, as well as making our usual donations of white goods and other essential household items.

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Membership Matters

Do you think of yourself as a Volunteer?

I'm sure you do, we often say "We are all Volunteers" but we have an additional quality – we are also Members. We belong to a Club and that Club is made up of like-minded people who want to help others.

WE are not alone!

There are very many people in our Communities who would like to find ways to volunteer and make their difference. Maybe they just want to help out occasionally, maybe they want to just take on one volunteering activity – but that doesn't mean they couldn't find fun and enjoyment in volunteering with and within a Lions Club. Have you asked them?

WE have helped half a million people this year.

Sometimes something happens and we want to help, but we feel powerless because the problem is so large. This is not the case with Lions. We all help in our different ways and when we add that all together, we make a huge impact. We make a Difference. This is such a powerful message and we are such a powerful movement for good.

WE have great opportunities.

We can reach out to people who are not Lions and ask them to join with us. Sometimes all it takes is for us to ask them. We need to seize every opportunity to talk about how great it is to be a Lion, to tell people we meet that Lions this year in our District have impacted on the lives of nearly half-a-million people. That being a Lion gives you the power to make good happen.

WE are proud Lions, WE are making a difference, WE can grow together.

Sue Wilding 105CW Membership Team
gmt@lions105cw.org.uk

SUMMER IS COMING - LETS START GROWING

Now is the time to start Recruiting

www.lions105cw.org.uk



Litterpicking Lions

A great many clubs are carrying out regular litter picks. It's a quick and easy service activity that makes clubs visible in the community - especially if Lions are wearing hi vis' with the Lions logo on. Take some photos and tag in the parks and places you are carrying them out in. This increases engagement on your social media platforms and gets you noticed. Invite people to message you if they want to join in too!

Just a few reminders—do a risk assessment, remember to log your service hours on My Lion and send Matt Kilpin (105CW Environment Officer) a quick email to tell him which club you are and how many bags you collected environment@lions105cw.org.uk. Every little helps with the 2022 Challenge!



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Summer Greetings To You All,

Thank you for all of your support during the last Lions year, it has been a true privilege to be the Global Leadership Lead and part of the Global Action Team for #TeamCW.

Over the course of the last 12 months we have delivered a plethora of workshops through zoom and I would like to take this opportunity to thank each and every presenter for their time and commitment bringing to us great presentations and information that helps our clubs grow and develop.

As we look forward to the next year, we already have a few workshops in the diary and I would like to highlight the Certified Guiding Lion Workshop delivered Via Zoom

Saturday 10th July 2021
10:00 – 14:30

Have you been a Lion for a number of years?
Do you have the time or skills to help a club who might need some support?

The Certified Guiding Lion Programme is run across the world and gives experienced Lions the skills and opportunities to make a difference to our district and international association. Find out how you can support a new club or a club who is experiencing a difficult transition and the tools LCI have to offer you.

Please register your interest by emailing glit@lions105cw.org.uk

I would like to use the last newsletter update of the year to thank the members of the Global Leadership Team for CW Lions Paul Murphy, Cath Kandall, Fran Stary and Michael Berry who have been a fountain of knowledge, commitment and friendship - You are all inspirational and I have been very honoured to work alongside you all.

Finally thanks to you, our members who have engaged with the workshops and learning experiences we have delivered, we are here to serve you, to help you and your clubs in your Lions journey.

I am always at the end of an email, so please if you have any ideas for future workshops make contact

. Yours in Service

Stu Lion Stuart Young FDI, CGL
105CW Global Action Team - Leadership Coordinator



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National Volunteer Week 1 – 7 June 2021

Volunteers Week takes place 1-7 June every year. How can we use this week to promote Lions as Volunteers? Below are some ideas to help you with your Club PR, both traditional and Social Media and to help you reach out to local volunteers to introduce them to Lions.

This is a summary but the full detail can be found at <https://volunteersweek.org>

Some information and facts:

- As well as helping others, volunteering has been shown to improve volunteers' wellbeing too. It's human nature to feel good after helping someone out.
- Volunteering can help you gain valuable new skills and experiences, and boost your confidence.
- In 2018/19, 19.4 million (36%) people volunteered through a group at least once a year and over 11.9 million (22%) of people did so at least once a month.
- The most common reason overall for volunteering is wanting to improve things or help people (42%).
- In 2019/20, there were around 163,000 voluntary organisations in the UK, most of which rely on volunteers.
- In 2017/18, the voluntary sector contributed £18.2bn to the UK economy. This is equivalent to about 0.9% of GDP.
- 67% of volunteers give their time to charities and community groups, but many others also volunteer in the public and private sectors.

National Volunteer Week, from 1 – 7 June, has a theme for each day

TUESDAY 1 JUNE: VOLUNTEERS' WEEK LAUNCH – A TIME TO SAY THANKS a day to start raising awareness of volunteering

WEDNESDAY 2 JUNE: POWER OF YOUTH DAY a day to raise awareness of youth projects

THURSDAY 3 JUNE: EMPLOYER SUPPORTED AND SKILLED VOLUNTEERING DAY a day to promote the skills we learn as Lions and the training on offer to members

FRIDAY 4 JUNE: VOLUNTEER VOICES a day to tell the great stories of the lives you have affected and the difference you have made

SATURDAY 5 JUNE: ENVIRONMENT AND CONSERVATION DAY a key Service area for Lions so loads of opportunity for promotion and activity this day

SUNDAY 6 JUNE: THE BIG LUNCH a chance to be social and have an outdoor gathering

MONDAY 7 JUNE: VOLUNTEERS' WEEK CLOSE – A TIME TO SAY THANKS a chance to thank your local community volunteers and offer them the chance to find out more about Lions' volunteering.

Don't forget to tell people how you can be contacted, include numbers, email or invite them to message you via Social Media.

Volunteer with Lions!
enquiries@lionsclubs.co
 0121 441 4544

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Wotton Lions

Lions Brain Tumour Research Appeal.

Bookmarks - Wotton Lions have accepted the challenge to support our own brain tumour appeal. They have created bookmarks that their local book shop will give away with each book. They promote the club on one side and the brain tumour appeal on the other. It is a great way of getting our message to our community. It shows that as well as all the local things they know Wotton Lions for, we are part of something bigger.



Ride Over the Edge - To support the appeal Wotton have launched a series of cycle rides around the Cotswolds. Riders can enter for rides of 25, 50 and 100 kilometres. It's called "Ride Over the Edge" as Wotton's full name is Wotton under Edge. The Edge being the Cotswold hills. The club already have a successful 10 kilometres running event called 10,000 Under the Edge and this will complement their annual events calendar.



Lion Alan Naphthine receives his 35-year Service Chevron

Ross-on-Wye Lions Club were delighted to present Lion Alan Naphthine with his 35-year Service Chevron. Lion Alan began his service career as member of Elsmere Port Lions club in Cheshire, before moving to Sutton Coldfield. While there he helped form the West Bromwich Lions Club and served as Charter President for 2 years. A further move took him to North Devon and the Ilfracombe and District Lions Club, where he was a member for 18 years. In that time, he was elected to the roles of Treasurer, Secretary, President and PR. Alan joined Ross-on-Wye Lions in 2006 and has been an active member ever since, regularly volunteering, along with his wife Teresa, to man the 'Lions Den' charity shop in the town. All the members of Ross Lions Club congratulate Lion Alan and thank him for his many years of dedicated service.



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A New CEREDIGION LIONS CLUB

The members of the Board of Directors of the Lions Clubs International in Oak Brook, USA has approved and Chartered CEREDIGION INVICTUS LIONS CLUB.

Sharing the belief that only life lived for others is a life worth living for, twenty-two members of the community (11F & 11M) joined hands together in a bond of friendship to join LCI District 105CW.

During their first official meeting as a Chartered Club on Thursday, the 13th of May, 2021, all the members were welcomed by their Charter President, Lion Ben Manluctao. The group was joined by GMT Lion Sue Wilding and GLT Lion Stuart Young, both of whom have shared a lot of their time with the group and provided a lot of guidance and assistance towards the formation of the new club. Lion David Willoughby and Lion Elizabeth Harries of Gower & Llŵchwr Estuary Lions Club were also in attendance to show their support and guidance to the new club. They have also given three (3) boxes of Message in a Bottle for the new club to start with.

And to the delight of everyone, incumbent 105CW District Governor Richard Williams joined the group also. And the group was informed DG Richard is the In-Coming MD Council Chair of the entirety of the United Kingdom for the Lion Year 2021-2022.

Without further delay, the new club members embarked in carrying out their Mission and Vision as lions. They have joined hands with the Central Fish Restaurant in Aberystwyth and Gower & Llŵchwr Estuary Lions Club in providing meals for thirty (30) local community members in Aberystwyth last Sunday following the Charter Celebrations. This was arranged with St. Michael’s Church and Heather and Jonathan Cox. Simultaneously, meals were also provided to at least five hundred people in need in Mexico, the Dominican Republic and the Philippines, coordinated by Lion David Hurst and Lion Morena Malbog.

Lion Ben has reiterated to his fellow lions “to bear in mind that we all have a job to do in contributing towards making our world a better place for us all. Let us all do it with dedication, commitment and with pride to alleviate the suffering of those who have less in life. Let us all do it spontaneously with a smile. And let us all do it together. We Serve United in Love and kindness.”

Picture taken during the Inaugural Zoom Meeting with some of the lion members and DG Richard.



Picture of the Feeding in Mexico with the Ceredigion Invictus Lions banner.



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Balsall Common Lions Cow Pat Raffle

Balsall Common Lions raised over £400, and one lucky winner won £50 in our inaugural COW PAT RAFFLE - thanks to DG Richard to the introduction to our local farming community!

Strictly following the Government COVID Guidelines of HANDS, FACE, SPACE, and FRESH AIR, we had all of these in abundance somewhere in a field on the outskirts of Balsall Common – following the Rule of Six, plus forty-six cows!!

The things Lions do to raise money for good causes during lockdown!!



Photos: HANDS FACE SPACE and FRESH AIR!! - Lions Mark Whitfield and Marie-Louise Marsden judging the Cow Pat raffle.

Lion President Mike Edkins going above and beyond the call of duty in our inaugural Cow Pat Raffle



Hereford lions clear the streets of litter

Hereford Lions Club has added seven bags of street litter to the 150cw District target for clubs to collect 2022 by next year in a series of litter picks in their communities. President Sian Bayliss led her team, (some pictured) on their first outing.

Chepstow and Caldicot Lions

There's a new kitchen coming to town and it's partly thanks to Lions Club of Chepstow and Caldicot, with their recent support at The Bridge Church. The Bridge Church is in the heart of the Bulwark and Thornwell community. The Bridge Church is home to one of the largest foodbanks in Chepstow and they work in partnership with local schools on mentoring programs. The Bridge Church are planning to provide school meals during the school holidays, run cooking classes, and offer drop in sessions for the local community in their new kitchen. Chepstow Town Council provided some funding for the kitchen build, and work is currently underway. Other organisations have helped with the provision of power to the kitchen. The Lions Club of Chepstow and Caldicot donated £500 which will go some way towards the provision of essential catering tools and equipment

needed before the kitchen can start functioning as intended.



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Newport and Usk Vale link with the local Canal Trust

The geographic area covered by the Newport and Usk Vale Lions club is extensive and is home to a large portion of the Monmouthshire Brecon and Abergavenny Canal as well as being located within the Brecon Beacons National Park. It was therefore no surprise that the Lions club formalised their links with the Monmouthshire Brecon and Abergavenny Canal Trust.



The approach confirms that Newport and Usk Vale Lions were embracing and replicating the MD approach with their partnering of the Canals Trust.

The Newport and Usk Vale Lions Club have become members of (and will provide volunteers to) the Monmouthshire, Brecon and Abergavenny Canal Trust. The club and its members are now developing links with the local Canal Trust's management and volunteer team, working out of Goytre Wharf.



Club members are now registered volunteers of the canal trust, working alongside other volunteers in renovating and maintaining the current boats run by the Trust, namely the Edith Elizabeth and the Lord Raglan. Local picnic areas and woodland paths are also maintained by the volunteers on a regular basis.

Some of the Lions members have become volunteer crews for both boats which offer rides on the canal. Training will be given by the canal trust, including how 'tiller' training to allow the volunteer to captain and steer the boat/barge. Lions will also look to maintain the toll paths by involving themselves with litter picks along sections of the canal. This initiative will link to the District WASUP project collecting litter and reaching a goal of 2022 bags of litter linking to the Commonwealth Games 2022 being held in Birmingham. In addition, the Canal Trust is a member of the Goytre Wharf Regeneration project and our members have been sharing their knowledge, skills and talents on helping the project group source suitable grant awarding bodies and helping with the writing of their 'bid' documents. The club will also explore how they can help the canal trust financially, from within club fundraising processes.



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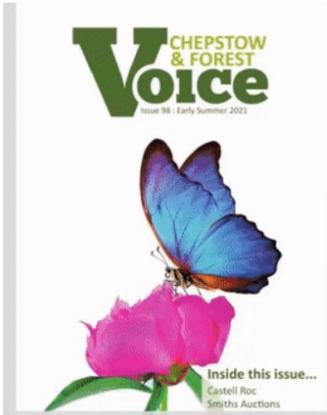
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Working Together

Lions Club of Chepstow and Caldicot have joined forces with Monmouth Lions, and Ross on Wye Lions Club to publish a membership marketing advert in the local community Voice magazine. The Voice magazines have separate local and relevant issues for each area. Issues are



hand-delivered to over 36,000 homes in the region over the course of May. The magazines can also be found online at: <https://www.thevoicemagazines.co.uk/our-magazines/> As life begins to return to as normal as we can expect, we're looking forward to engaging with more volunteers and members as a result of this campaign.

"There's no greater gift that you can give than your time."

#WeServe

How much do YOU want to help your local community?



YOU CAN. IT'S SO EASY TO VOLUNTEER WITH LIONS IN YOUR COMMUNITY.

There's no greater gift that you can give than your time.

Helping others in times of need is what Lions Clubs are all about. We are local men and women who care about making a difference and who want to put something into our Communities.



What have we been doing recently?

- ❖ Improving the environment planting flowers and trees
- ❖ Delivering prescriptions to those at home
- ❖ Supporting individuals in urgent need
- ❖ Helping with vaccine support
- ❖ Providing to local food banks

Contact us for more information

Ross on Wye 0345 833 5786
Monmouth 01600 740189
Chepstow 0345 833 9565

eMail gmt@lions105cw.org.uk



Note from the Editor:

My fellow Lions, this is my last newsletter as editor. I have enjoyed sharing your news and information. #TeamCW never fail to inspire and motivate me, especially throughout the tough year we've had.

The good news is Lion Pat Comer from Wotton Lions is taking over from me and I know he'll do a fabulous job. Content and photos can be sent to the usual email address news@lions105cw.org.uk as it will be diverted to him.

Deadline date remains the same, the 25th of each month. I am continuing in my role as Social Media Officer and am available to support any Lions or clubs with their social media.

Yours in Lionism,
Lion Melissa Murphy





Lions Virtual Village Fayre

Join the Lions of 105cw at a Virtual Village Fayre on Sunday 27th June 2021 at 12.00pm

Vote for your favourite entries in our competitions:

- Best 'I love Lions' Photo
- Best Lions Cuddly Toy
- Best Garden
- Best Flower
- Best Dessert /Cake
- Best Brain Tumour Research Hat

*See details on how to enter competitions, vote and attend on the day in the email - deadline for entries is Sunday 13th June.

