

District 105CW News & Information



Lion Richard Williams
District Governor 105CW
2020 - 2021

Newsletter Editor: **Lion Melissa Murphy** Lion Magazine Liaison: **Lion Brigitte Green**

Email: news@lions105cw.org.uk

Greetings! I always start my newsletter the same, I hope you are all ok. As I always tell you, although we all do that we can for our local communities, remember asking how our members are is equally important. So we are still living in the New Normal. Listening to our Prime



Minister recently, he said there is a road ahead to get us back to the way we used to enjoy life, but I feel the road to full recovery will be long. But Lions will keep doing what they can to support their communities

Last week holds two very special Lions moments. The first was when MD105 Membership officer Lion Sue Wilding held the first ever whole week dedicated to Membership. This unique opportunity gave Lions the opportunity to join Zoom, and hear inspirational Presenters. Followed by Q & A sessions. We learnt where our membership is now, about starting New Clubs and Branch Clubs, Great Service projects which are available to inspire volunteers to join as members and lastly the materials available to us, to promote Membership opportunities. I would like to personally thank Lion Sue for giving us the opportunity to learn something new. Everyday is a school day. I would like to thank #TeamCW Lions who showed Lion Sue their support. There were over six hundred Lions who joined one or more sessions, which I found very refreshing, I look forward to supporting the next MD Membership initiative.

Together we can inspire members of our general public to become Lions.

Last Saturday was also a wonderful occasion to show Lions in action, as over one hundred of us joined the Lions Young Ambassador of the 21st Century final. We were inspired and humbled to hear five Young Ambassador candidates talk about the great community work they are doing. Our district candidate Katie Blandon, sponsored by Shirley Lions Club, represented #TeamCW very well. Katie went onto win the Shipshape Award. A prestigious award which enables the winning candidate to board and crew a tall ship, sail out to sea and become part of the crew with able bodied and

disabled young people.

I had the opportunity to speak at the event and I pointed out that whilst Lions keep supporting and seeking Young People who are working as volunteers in their community, Lions will have a future.

It's time to start looking for next years candidates. For help, please speak to District officer Lion Paul Murphy, who will provide details. Thank you Lion Paul.

#TeamCW convention is fast approaching. Saturday 13th March. Start time 10am. If you have registered thank you, if you haven't please show your support for #TeamCW . I would love you to attend and see what the GAT team have been up, hear Nigel Owens MBE, who is National President of Young Farmers Clubs talk about what the partnership between Lions & the rural Community means to him, hear our International Past Director Lion Howard, speak about what lions mean to him, & the work being done by LCIF (our unique Foundation). I promise it will not disappoint.

Bromyard Lions Club charters on 13th March on the evening of our Convention. This is a special occasion, when we hold on Zoom. Let's celebrate the great success of chartering our 2nd new Club this year, Bromyard President Lion Tony invites you to celebrate with him and other members of Bromyard Lions Club. This is a great chance to witness the formation of this great new club, so please register & show your support and welcome our new club . Lets make sure members of Bromyard are welcomed into the family of #TeamCW with passion.

Thought for the Month

We have in the past seen times when Lions of #TeamCW showed what it means to be proud to be in a District such as ours, and now we have chance to show how a team comes together. So I hope to see you at #TeamCW Convention and show that being part of #TeamCW is "A kind of Magic".



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Lions of 105CW would like to welcome to our Pride:

BALSALL COMMON CLUB

LORRAINE GIBB

IAIN PRIESTLEY

NORMAN WHITAKER

BARWELL & EARL SHILTON CLUB

ELAINE MAXFIELD

BROMYARD LIONS CLUB

MARK DUFFY

ANGELA PRICE

GRAHAM PRICE

CEREDIGION INVICTUS BRANCH

CATHERINE ADLAWAN WILLIAMS

KNOWLE & DORRIDGE CLUB

SIMON DURANT

LECHLADE & DISTRICT CLUB

PATRICK FYFE

RUGBY ROKEBY CLUB

GRAHAM NEWMAN

PORTCAWL CLUB

PAULINE MARSHALL

Balsall Common Lions Introduce Three New Members

In our February Club meeting, we were very pleased to introduce three new members to Balsall Common Lions, and it was great that they could be welcomed into Lions by DG, Richard.

All three of them have been very active, involved in virtually every event since lockdown

Foodbanks I, II and III.

Working as Elves on Santa's Sleigh

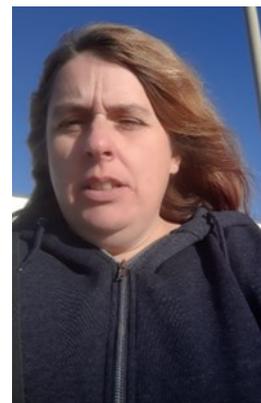
Marshalling in the recent COVID Vaccination Clinics at the local Health Centre

They are all already involved in the planning of our activities for 2021, including the (hopeful) BeerFest.

Iain Priestley – Iain is retired Operations Director with a 40-year career in warehousing and distribution. He is a lifelong Leicester City supporter and football tourist who has been to over 140 grounds all over Europe and further afield. He is now looking to give something back to the community.



Lorraine Gibb - Lorraine is a larger than life character who will anything to help anyone, particularly those less fortunate than herself. She has recently involved in collecting and distributing warm clothing to the homeless. Lorraine has been a great advocate for Lions already, organising collections and raffle prizes from our local Tesco store.



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Balsall Common Lions - New Members continued...

Norman Whitaker – Before retirement, Norman spent his career in the Automotive Industry, and has spent the last 9 years escorting motorhome tours around the world. Sadly, due to COVID, he is now grounded, but we benefit from his grounding!

Norman has been very active, involved in virtually every event since lockdown, and has provided some very valuable feedback and suggestions for improvement, which we have implemented.



Membership Matters

Were you able to join the Membership Bootcamp?

It was a week of conversation around Membership Matters – starting with where we are now, talking about the role of the Membership Chair in a Club and looking at resources to help with recruitment. We listened to presentations on Service with some fantastic projects on Sight, Brain Tumour Research and a challenge on our need to start New Clubs and New Club Branches. Once these presentations are ready to be viewed, I will let you know where to find them.

Have you thought about how your Club will look when restrictions ease and discussed new ideas for projects to try? Some things might have to change so now is the best time to get your planning underway ready for the summer and autumn.

There are some great videos available to watch that show Lions in action and, if you have an online meeting, why not add in a video to give you new ideas to talk about. I can especially recommend starting by going to the LCI YouTube page Lions Clubs International - YouTube and don't forget we have a District page too at Lions 105CW - YouTube

All of the above leading up to a fantastic cause for celebration – the starting of another New Club! We will all be able to welcome Bromyard Lions Club and join in the online party on the evening of 13th March – you have all been invited too! Its fantastic to have a new Club in #TeamCW and another sign that this District will go from strength to strength. How is this happening? Teamwork, magic and a bit of luck – the more we try, the luckier we get! Lets keep on trying and continue to grow together.

Sue Wilding 105CW Membership Team
gmt@lions105cw.org.uk

Website Tip of the Month:

Tip 6. Ensure your website shows who your club is. Try not to recycle the same information that other clubs have on their website.

Be proud of what makes your club you and show it either by writing about it, showing photos or even a video.



PR Tip of the Month:

Tip 6. To get articles into newspapers, you need to send a press release to the editor. There are some templates on the district website.

However, if you need something more specific please ask me.

**For more details visit the PR resources on the district website:
<https://lions105cw.org.uk/pr-resources/>**

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Greetings Lions of #TeamCW

I am looking forward to the District Convention on the 13th of March 2021, I am hoping that I will see many of you there online - at the Convention I will be giving an update on the courses and events we have delivered so far in 2020/2021.

If there are any courses or development opportunities you would like us as a District to provide or facilitate please get in touch, we are here to serve you and our International Association.

As we look forward we have a few workshops that might be of interest to you:-

Dementia Friends Workshop

Delivered Via Zoom

Saturday 6th March 2021 16:00 - 17:00

Thursday 25th March 2021 19:00 - 20:00

Certified Guiding Lion (CGL) Programme

Delivered Via Zoom

Sunday 10th July 2021 10:00 - 14:30

To find out further details please visit our dedicated webpage for Global Action Team - Leadership www.lions105cw.org.uk/training

If you wish to attend any of them please email glt@lions105cw.org.uk stating your name, your membership number, your club, and the event you would like to attend including the date.

Yours in Service

Stu

Lion Stuart Young FDI, CGL

105CW Global Action Team - Leadership Coordinator

LIONS CLUBS INTERNATIONAL
British Isles MD 105

LIONS UNITED NATIONS Day

Protecting Our Future:
The World We Want

Sunday 28th March 2021 5pm
VIRTUAL EVENT
REGISTRATION REQUIRED

PEACE
LIONS INTERNATIONAL PEACE POSTER CONTEST

Essay
LIONS INTERNATIONAL ESSAY CONTEST



Fellow Lions.

On October 24, 2020, Lions Clubs around the world celebrated the 75th anniversary of the United Nations (UN) and commemorated Lions Clubs International efforts in helping draft the NGO UN Charter at the San Francisco Conference in 1945.

This year the UN DAY 2021 will take place online. This will be on Sunday 28th of March at 5 pm. I have invited several of our International Presidents but confirmation is still pending. There will also be some guests speakers from our partners and UN agencies we work with.

The speakers of our virtual panel will speak on the efforts behind the theme, "Protecting Our Future The World We Want"

Please note there are some changes to the event.

The Date and Time have changed:

This year's event date and time have changed, the UN Day will take place on Sunday 28th of March starting at 5 pm and will end at 6.30 pm approx. Continued overleaf..

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The Tickets have changed:

This year there will be no tickets. Due to the event being online and accessible from any device at home I don't see the need for a ticket. But attendees will have to register. The event is free, and the registration will be done on an automated system and will be online. There will be no limited number of attendees for each district.

Lions that want to attend the UN Day 2021 need to fill the registration form providing name, Lion Club, district, email address.

In order to get a link, you can email the International Officer Lion Juan Nuevo at lions@jnuevo.co.uk or you can call him on; 07876821605

Once registration has taken place, an email will go out with a link to the event.

You will need the link provided on the email in order to get access to the event. The registration will open on Friday 12th of February. Registration link: <https://tinyurl.com/4db76wys>

Juan Nuevo
District 105cw
International Relations



WARWICK LIONS



Photo take pre COVID shows organiser Peter Amis with Cate Dean and David Shore.

WARWICK LIONS who have always taken a keen interest in the welfare of young people have recently joined forces with the "Link Kids to Learning Campaign" an initiative by a local I.T. Company to encourage people to donate their unused tablets and laptops which can then be refurbished for use by local school children in need.

On hearing that transportation was a problem Peter Amis the clubs Welfare Convenor quickly organised a team of members to collect the donated devices, convey them to the I.T. company and then deliver them safely wiped and reconfigured to local schools.

The Scheme has been highly successful and members have been kept busy delivering well over 100 devices so far.



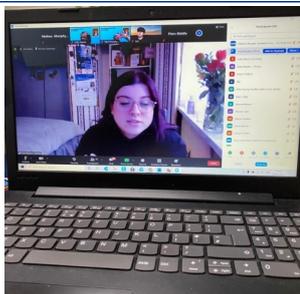
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MD Finals of the Young Ambassador of the 21st Century

The MD Finals of the Young Ambassador of the 21st Century were held on Zoom over a Friday and Saturday in February. In what was a well-supported event, over 100 people were in attendance on the Saturday afternoon to watch the young people's presentations and hear the announcement of the winners. 105CW's representative, Katie Bladon, supported by Shirley Lions Club, was announced as the winner of the Shipshape Award, whilst the overall winner was Ellie-Mae Banks from 105CE.

Katie, a young carer, had set up a Book Club for other young carers to help them overcome the feeling of isolation during lockdown. She was supported by Sally Barton-Bodley from Solihull Young Carers, as well as members of Shirley Lions Club.

The event started with a social evening, where participants enjoyed a meal in their own homes and then joined together to play games, chat and make new friends. Saturday started with the judging process, with the five candidates presenting and answering questions to the three judges. Whilst the other activities that would normally take place over the weekend could not happen, the young people created a bond of friendship in the short time they were together virtually.

Paul Murphy, District Officer, said, 'The Young Ambassador programme is a superb way of recognising the young people in your area, who are being 'ordinary people doing amazing things'.

If you'd like more information about the programme please contact him on 07963041204 or at youngambassador@lions105cw.org.uk or more information and resources can be found on the district website in the Youth section.

ADVANCE NOTICE!!!

District Finals 2021-2022 – Provisional – 21st November – Details TBC

MD Finals 2022 Dates – 18th – 20th February 2022 – Village Hotel Dudley



North Sea Lions Update

In January invoices went out to the CW clubs with a request to transfer £50 for NSL. We are delighted to note that up till the end of February 73% of the CW clubs have transferred £50 and some clubs even more. This is a fantastic result for a cause that is new to many clubs. We are very grateful for this. The 27% of clubs that have not yet donated, please do not forget NSL please.

On top of that, one of our members with close ties to the Philippines is working on a project in that country and as soon as we can reveal more, we will. NSL can support a project with a massive grant of €38,000, as all clubs in the 6 participating districts donate the same as you. Therefore we will be able to really make a difference!

Claire de Jonge-Vors
NSL Officer 105CW

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Wotton Lions

Kindergarten Preschool

Wotton Lions donated £500 to support the building of an outdoor covered area.



Headphones for primary schools – Wotton Lions donated £1000.

With the increase in online learning all schools have children who may not be easily able to afford a set of headphones. Wotton Lions gave £100 to ten local schools to ensure that those in need had access.

To help with online learning
Funding support for headsets to ten local schools

Blue Coat Primary Wotton
British School Wotton
Charfield Primary
St Andrew's Cromhall
Hawkesbury Primary

Hillesley Primary
Kingswood Primary
North Nibley Primary
Alexander Hosea Wickwar
Tortworth Primary

Serving our community

Lion Brain Tumour Research Events

- Sunday 28th February, 7:30pm – QUIZ – Facebook live
- March – WEAR A HAT DAY
- Sunday 14th March, 7:30pm – QUIZ – Facebook live
- Saturday 20th March, 7pm – BINGO – via Zoom
- Sunday 28th March, 7:30pm – QUIZ – Facebook live
- Sunday 11th April, 7:30pm – QUIZ – Facebook live
- EASTER RAFFLE – TBC – Watch this space
- Saturday 17th April, 7pm – BINGO – via Zoom
- Sunday 25th April, 7:30pm – QUIZ – Facebook live
- Saturday 15th May, 7pm – BINGO – via Zoom
- Saturday 19th June, 7pm – BINGO – via Zoom
- June – WEAR A HAT DAY WITH FLOWERS
- July – ON YER BIKE
- September – WALKS OF HOPE

Blue = Fortnightly Quiz's – live on facebook: <https://www.facebook.com/LionsBTR>

Green = Monthly BINGO Nights (Every 3rd Sat): on zoom. Email braintumour@lionsclubs.co.uk to get tickets

Purple = Host your own Brain Tumour Research Event through the Lions Appeal.

Email braintumour@lionsclubs.co.uk to get co-branded posters for the event like the ones found on the lions website for the WAHD: <http://lions.org.uk/WAHD/>



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Newport and Usk Vale Lions Club/Clwb Llewod Casnewydd a Brynbuga y Fro

Supporting those in need during the Pandemic
Newport and Usk Vale Club have planned the year ahead for undertaking an activity a month which will support people in need, whatever their circumstance. Each activity is led by a Lion, and that individual plans the activity, and the support they need to implement it.

In January to launch the year activity planner, the club agreed that an activity should be chosen that would involve all members of the club. Even those shielding, as the activity could be done through online shopping.

The Anerurin Bevan Health Board Community Health Council put out an appeal for Toiletries, Boiled Sweets etc., to support patients who were admitted to their hospitals by providing them with toiletries.

The club agreed to make up 100 patient toiletry bags, containing a range of items. There would need to be over 1250 individual items bought. Our charity account had benefitted from donations through our membership of BNI in Newport and through developing further links with our supporters, and the Tesco Community Champion who supported us with donations too.



A certificate of appreciation was presented to Tesco and Danielle the stores Community Champion by Lion Scott Tilbury on his weekly shopping trip to the store. Individual Lion members were given a 'shopping list' of what they needed to buy in addition to their own weekly grocery shop.



Once bought, and following Covid-19 guidelines which allows socially distanced Covid-19 activities, club members met, again building on the partnership the club had made with a local church. The club was able to put the toiletry bags together safely and deliver them to the Community Health Council offices for distribution to the hospitals within our geographic area.



Planning for the next few month's activities are well underway and it is with grateful thanks to Lion Melissa Murphy for her help in designing our stickers to promote Lions during these activities.



We have the 'Lion Heart' which we are using for our Valentines day themed activity (February), the 'Lion Daffodil' (March) for St David's Day and the 'Lion Bunny' (April) which we are using for Easter. We find that using stickers helps promote the Lions as a supporting and caring organisation.

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FOOD GLORIOUS FOOD!

Balsall Common Lions Winter Foodbank was always going to be an uphill task, especially facing the challenges of Lockdown 3 and social distancing. While, as a charity, we are allowed some dispensations in terms of the Government COVID guidelines, we still had to collect and sort a massive amount in challenging circumstances, working in teams (bubbles) of two!

It was a tremendous team effort drawing in over 40 volunteers, with hundreds of Service hours. We could never have done this without the support of the across the village, and the support of our fellow Lions at Coventry, Leofric Lions.

All of the food was dispatched to the four local foodbanks all providing support to some of the most destitute people in our community. Each foodbank receiving well over 180 carrier bags of food and toiletries – each!

Carriers of Hope charity in Coventry,
Bethany Community Outreach Emergency Foodbank in Erdington.
Around Again charity in Chelmsley Wood
The Trussell Trust supports a nationwide network of food banks

In addition to the food, we raised nearly £1,000 in cash donations, and donations to our online Foodbank fund-raising page



Fun at the Foodbank Collection. Leo the Leofric Lion keeping the kids entertained.

Bethany Foodbank

“... a big thanks to **Balsall Common Lions** who have just completed a 3-day Food Collection over the weekend, donating two vans full of food to the St G & T Foodbank group for Bethany. Thank you to our lovely local Lions!”



Lions delivering nearly 200 carrier bags full of food and supplies dropped off at the Co-op, destined for the Trussell Trust Foodbank.



Nearly 900 carrier bags of food was collected and sorted for local foodbanks, virtually filling up Balsall Common Village Hall.



Newsletter

Lions of 105CW, do you have any good service stories for next month's newsletter?
Send content and photos to news@lions105cw.org.uk by the 25th of each month.

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Lion Jitesh Samani's Virtual Event

Lion Jitesh organised a Covid live presentation with a group of like-minded friends targeting the Hindu/Gujarati community specifically (by language), not religion. They have branded themselves as "Coping Together". To gather support, he approached and was approached by a number of Gujarati organisations for a collaborative approach, nationally. The event took place on Wednesday 30 December 2020 at 8pm and finished around 10.15pm, and on the night he had 16 organisations spanning north of England, West & East Midlands through to London & South, supporting him. No finances were involved. Our Zoom session had 1000 seats which were fully taken up in the first 10 minutes of the programme and a simultaneous live stream to Facebook attracted a further 2000 viewers. They had a number of requests for a recording, so in order to reduce the length, tidy up, recognise contributors and protect their medical professionals, they had the video professionally edited with credits, and a disclaimer. This was published on YouTube (<https://youtu.be/ivWnZ1q275E>) and to-date has already attracted in excess of 6500 views (UK and internationally) and is growing.

Their next project is on Tuesday 26 January at 8pm covering Mental Health. Their target audience remains the same though the number of national Hindu/Gujarati organisations collaborating with them has grown to just under 40, and continues to grow. They wish to dispel the myths and taboos surrounding mental health issues and provide practical advice and guidance for people to recognise, and manage, symptoms of depression, anxiety and other forms through non-invasive techniques such as talking, laughter, food, exercise and meditation. This is more so important in these periods of lockdown where people can become isolated, particularly the elderly. There are plans for future events on Organ donation and cancer.



Lions It's a Kind of Magic

District 105CW Digital Convention

Saturday 13th March
10am - 1pm
via Zoom



Hear all about the exciting news, competitions, and stories from the District.
Vote in your next District Governor.
Plus music from Queen.
With Guest Speakers:



Past International Director
Lion Howard Lee



Nigel Owens
International Rugby
Union Referee

Register today at:
<https://lions105cw.org.uk/district-convention>
#TeamCW #WeServe



New Club Alert

Bromyard Digital Charter

Join Bromyard Lions and members from across #TeamCW as we come together on Zoom for an entertaining evening of fun and fellowship as we charter our new club
All in the comfort of your own home - the menu choice is yours

Saturday 13th March 2021
18:45 arrival for a 19:00 start

£5 donation per Zoom screen
To register visit www.surveymonkey.co.uk/r/BromyardLions

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Izzy's Story - Gower & Llŷchwr Estuary Lions Club

Over the last 3 years we have visited Izzy then a 2 year old Constantly on oxygen and fed by tubes and infection a very big concern

When visiting with Minnie Mouse her favourite or Father Christmas, the mascot outfit has to be dry cleaned first and secured in a sealed bag until used on the visit.

On the visit shoes and outdoor clothes are left in the porch, hands washed thoroughly and any presents sterilized or sanitized.

Izzy has always enjoyed our visits, on a visit in December 2019 it was mentioned that Izzy was allowed to visit Folly Farm in Begelly Kilgetty out of hours to see the animals and which she much enjoyed particularly the Giraffes.

A visit was arranged for Izzy to visit before the start of business to the Gower Christmas tree farm at Three Crosses Swansea. An appointment was arranged to visit Santa and then Mother Christmas took Izzy and showed her around the grotto this concluded by seeing the Reindeer close up in the nearby field. All to soon it was opening time and Izzy had to leave, at her car all she could say was NO No and, on the way home it was Ho Ho Ho.

In 2020 we could not visit her for her birthday but for Christmas we managed a Teams link from our Santa's home so Izzy had the usual visit from Santa which Izzy enjoyed as usual.

Soon after Izzy's Santa visit we heard from mum Emma that they were desperate to purchase a body wrap for Izzy to support her body, she had tried one supplied from the NHS but could only tolerate it for 20-30 minutes a day.



2019 Izzy visits the Christmas tree farm and seeing the Reindeer.

Emma had sourced a body wrap from a person with the same condition as Izzy but the parents had designed and manufactured a wrap for their child. Charleys Wrap was made to measure and has Velcro adjustable straps, this was on the other side of the world in New Zealand but thanks to the internet it made things easier, but it cost a total of £500.

Gower Lions have been running a 50 club for the last 3 years that has helped our admin fund and enabled us to have storage facilities and purchase equipment etc, the fund had built up a small excess amount over the years and in these difficult times of no fund raising it was agreed to use this money to help Izzy and much approved by the 50 club members.

The Wrap was ordered in December 2020 with Covid rampant and the UK in lockdown Charleys wrap was made in New Zealand and shipped to Wales and by early February Izzy had it and was wearing it quite comfortably building up the length of time she could tolerate it daily.

Already Izzy's posture is improving giving this little girl a better quality of life, money well spent
"We Care" "We Serve"



2021 Izzy in her Charley Wrap

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Balsall Common Lions – Annual Presentation Night

On Monday (22nd February), Balsall Common Lions hosted their Annual Presentation Night (with a difference) – on Zoom! The event was attended by nearly 50 Zoom participants, including local charities, clubs, societies, and Lions both locally and further afield.

Lion President, Mike Edkins hosted proceedings, with presentations on our achievements throughout the year, plus many testimonial videos from local charities and organisations.

On the evening, in excess of £7,000 was donated to local clubs, charities and organisations. This is in addition to approximately £18,000 donated throughout 2020. These donations fall significantly below what we have been able to achieve in previous years, but in a year of lockdown, social distancing – NO events, NO tin shakes, it is quite an achievement.

Here are just a few highlights of the year :

£3,000 to Solihull Hospital Charity (for chemotherapy cooling caps, and iPads for patients unable to see visitors)

Approx £2,000 to Marie Curie Hospice, Solihull and local fund-raising group

£2,000 to the Hardship funds of our local schools

Nearly £3,000 to local foodbanks

Approximately £2,300 to Solihull Young Carers. This is in addition to over 150 toys and gifts donated at Christmas

Over £4,000 to local youth activities in the area – sports and scouts

In addition to these financial donations, approximately 5,000 hours of community service has been provided in the local community : COVID Clinics, Foodbank Collections, and much more.

“It has been an incredibly difficult year, but thank you for all you have done to help our community”

Diane Howe, Councillor for Meriden Ward

“Balsall Common Primary school is overwhelmed with the generous donation to our Hardship Fund - well needed during these difficult times. On behalf of everyone at school – THANK YOU”

“Would love to link your fantastic community work with school more, and support you with your own events”
Birgitta Varga, BCPS

“On behalf of Heart of England School, many thanks for the donation for our Hardship Fund. We have seen more families struggle this year than ever before. It is much appreciated”

Charlotte Shadbolt. For H of E School

“Thank you for allowing me to join. Amazing work Balsall Common. This work you have done is amazing. Be proud, you deserve it #teamcw. Kind Regards. DG”
Richard Williams, District Governor, Lions District 105CW

A Night to Remember... with

Central West British Isles 2020 Virtual Lions

Friday 26th March 2021

7:30-9:00pm on Zoom

Planter Seat Project Launch

  **Bingo Games**

 **Twiddlers & Memory Box**

 **Sing-a-Long**

Dementia Friends Workshop

An opportunity to come together, celebrate our plans to be more dementia friendly and raise funds to support those living with dementia

Only £5 per screen to join us and a Chance to win your own Planter Bench!

To book email:
getintouch@cwbi2020virtuallionsclub.org.uk

 **Dementia Friends**
An Alzheimer's Society initiative

 **LIONS INTERNATIONAL**

 **Frindiau Dementia**
Menter Cymdeithas Alzheimer



Dementia Friends Workshops

The District Governor's Partners Appeal this year is raising awareness of those who are living with Dementia

We are hoping to make many Lions Dementia Friends over the next 12 months

We will be running sessions online

We are challenging Lions across 105CW to become a Dementia Friend, learn more about what it is like to live with dementia and turn that understanding into action

**The next sessions are available through zoom
To register to attend email
glt@lions105cw.org.uk**

**Saturday 6th March 2021 16:00 - 17:00
Thursday 25th March 2021 19:00 - 20:00**

