

District 105CW News & Information



Lion Richard Williams
District Governor 105CW
2020 - 2021

Newsletter Editor: **Lion Melissa Murphy** Lion Magazine Liaison: **Lion Brigitte Green**

Email: news@lions105cw.org.uk



Greetings, my fellow Lions of District CW, or as I prefer to call you #teamcw. I am very proud being a DG, because of what is being achieved in District CW, but more importantly, I am allowed to be part of #teamcw.

We still live in strange new times and great service is still being given to our communities. At Christmas, we as Lions usually are very busy with Santa and other seasonal activities and we still will be but I plead with you please stick to the law which is relevant to your area. Yes we give our community the great service of being able to see Santa, but we don't want to get into the papers for the wrong reasons, So as Covid still curtails what we are doing, District CW, Autumn Forum will be a Virtual event. You will be able to hear the announcement of the District Young Ambassador winner 2020 and listen to an inspirational speaker. I would personally like to thank Lion Stu Young who has worked so hard on this, Please register today, by emailing glr@lions105cw.org.uk. We would love to see you. DG certificates of Excellence were given out to:

Lion Terry Smith

Lion Penny Wagg

Lion Sophie Moseley

If you have someone you would like me to present a certificate of Excellence to, simply get your club president to drop me a email, unless it is your club president you want to give certificate to. In that case please get your secretary to contact me.

Please also put Sunday the 22nd of November in your diary. We are holding the District CW Car Treasure Hunt, At Little Cowarne, Bromyard at 1000.am—see the poster for full details. It will be fun, and I would love to see you.

Thank you for reading the #teamcw newsletter.

Thought of the month

Whilst we are living through this pandemic, our communities are important, but equally as important is our own members, so please make sure we stay connected to each other. If you haven't heard from a member of your club for a while, please give them a ring and ask 'how are you, are you ok?'

Lest We Forget

On Remembrance Day, I salute all fallen soldiers and we wear our poppies with pride .

Visits of DG, November 2020

11th Nov- MD105 Membership Meeting (Zoom)

12th Nov – Droitwich Lions Club,(Zoom)

13th Nov – Zone 16 Meeting (Zoom)

15th Nov – Autumn Forum (Zoom)

15th Nov- District CW, Cabinet Meeting (Zoom)

18th Nov – Zone 12 Meeting (Zoom)

22nd Nov – District Car Treasure Hunt, Bromyard- Virtual

24th Nov – Zone 1 Meeting (Zoom)

26th Nov – Zone 10 Meeting (Zoom)

28th Nov – MD105 Service Meeting (Zoom)

30th Nov – District CW Membership Monthly ((Zoom)



November Caption Competition

Please send your captions to news@lions105cw.org.uk by the 25th of November.

The winner of last month's caption to go with the photo of the giant cow is Lion Paul Murphy from Sandwell Lions Club with: "I prefer the udder one!"

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Team CW would like to welcome these new members to the pride:

Cardiff Lions

Parmindra Pannu

Central West British Isles 2020 Virtual Lions

Barbara Gray

Llandrindod Wells Lions

Jayne Griffiths

Rugby Rokeby Lions

The Mayor of Rugby

Worcester Lions

Sally Jobling

Wotton Under Edge Lions

Arthur Bennett

Julie Jenner



Please join us :

Topic: Membership Monthly Monday Meeting

Time: Nov 30, 2020 07:30 PM London

Join Zoom Meeting

[https://us02web.zoom.us/j/84805510805?](https://us02web.zoom.us/j/84805510805?pwd=THRzR3p3emRlaxRSMm5UbjhVMzRUQT09)

[pwd=THRzR3p3emRlaxRSMm5UbjhVMzRUQT09](https://us02web.zoom.us/j/84805510805?pwd=THRzR3p3emRlaxRSMm5UbjhVMzRUQT09)

Meeting ID: 848 0551 0805

Passcode: 559969

1 VDG Visits November 2020

Tetbury LC 4/11

Hinckley & Burbage LC 9/11

Birmingham Chinatown LC 11/11

Wolverhampton LC 12/11

2nd VDG Visits November 2020

04/11/2020 – Sutton Coldfield & Erdington Lions

12/11/2020 – Aberystwyth Lions

16/11/2020 – Oadby & Wigston Lions

26/11/2020 – Zone 8 Meeting



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Warmest November Greetings,

To begin this month I would like to thank those Lions who have facilitated a workshop during October and of course all those members and clubs who took part in them. We hope you found them engaging and useful.

I hope many of you will join us at our Virtual Autumn Forum in a couple of weeks time, please see the poster at the end of the news letter for details.

During November & December we have a number of opportunities for you to engage with:-

November 105CW

Thursday 12th November 2020 19:30 – 20:30 - Dementia Friends Workshop

Sunday 14th November 2020 13:15 - 15:00

Virtual Autumn Forum

Sunday 29th November 2020 12:00 – 13:00 - Dementia Friends Workshop

Sunday 29th November 2020 14:00 - 15:30

ICO (Information Commissioner's Office) & You

December 105CW

Friday 11th December 2020 19:30 – 20:30

Dementia Friends Workshop

Saturday 19th December 2020 10:00 – 11:00

Dementia Friends Workshop

If you would like to book a place on any of these sessions please email glt@lions105cw.org.uk stating which course and the date, if you are registering more than one person please make sure you include their email address as well.

The RLLI - Regional Lions Leadership Institute

This was due to take place during October but due to the increase in COVID 19 cases across the British Isles the course was postponed to the Spring of 2021 - there may be opportunities for additional spaces when the course is rescheduled I will make sure you are aware of any additional places.

Finally

To keep up to date with what is going on Learning & Development wise within our District please visit our dedicated Global Leadership Section on the website <https://lions105cw.org.uk/training/>

If there is something that we are not covering and would like to see delivered please email me and we will see what we can do.

Yours in Service & Friendship

Stu

Lion Stu Young FDI

105CW Global Action Team, Leadership Coordinator

GLT@lions105cw.org.uk



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Cheltenham Lions Club

At last the chance to raise much needed funds. Thanks to the generosity of Morrisons the Club have been able to have a Book Sale in their Garden Centre unit. Normally we have three sales a year in the Regents Arcade but due to social distancing this was not possible. Morrisons have also given us two collecting dates prior to Christmas. The money raised from these events will go towards a defibrillator to be placed in Pittville Park, it is hoped to have this in place by early next year.

Charter celebrations to mark 60 years have been cancelled. Members joined together in a zoom meeting on October 17th and raised a glass to the future success of the Club and Lions International. Hopefully we will be able to celebrate it properly in the New Year.

David Green Club PRO

Balsall Common Lions

Undercover Beerfest

Our main summer event of the year, Beerfest 4 may have been impacted by COVID, but it didn't prevent us from hosting a small, but perfectly formed Fellowship version - Undercover Beerfest, conducted via Zoom.

Lion Paul Tyler, the originator of our main Beerfest, put his knowledge and skill into action with a fine selection of Real Ales from Silhill Brewery in Solihull, plus three different gins for those who prefer an alternative choice.

Pictured here is Lion Paul in an interview and presentation with Lion Jerry Phelps, sharing his exhaustive knowledge of gin.



Llantwit Major & Cowbridge Lions –Update

A couple of weeks ago Anne & I went to the Foodbank in Barry and gave them a cheque for £2,000. This was £1,600 of masks sold plus Gift Aid of £400. We are now mid October and already Anne has sold another £200 worth of masks and is hoping to get to at least £500 over the next few weeks. In addition to selling the masks, friends and neighbours have donated £140 to our cause. So, we may gross over £700 with gift aid.

Going to the Foodbank is a real eye opener and they are always desperate for funds. In addition to the Foodbank the Trussell Trust run a scheme before Christmas called 'The Big Wrap'. This is where new presents are given to needy children at Christmas. This year is unprecedented in my lifetime and we must find ways of helping those in need as much as we can.

Attached is a Certificate of Thanks from the Foodbank for the money given by Lions and a photograph of me presenting the cheque. This information has been widely circulated on social media and will help our cause.



A big **THANK YOU**

Llantwit Major & Cowbridge Lions

Your very generous donation of £2,000 through making your gorgeous face masks to the Foodbank will help us provide emergency food aid for local people in crisis, this winter. We are so truly grateful.

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Tetbury Lions

Tetbury Lions are supporting a young local girl Emily, who, having found education challenging, has established direction and purpose in life as a result of her involvement with the Tetbury Area Youth and Community Trust (TAYCT). The Trust works to elevate young people's life chances, help them reach their potential, as well as further developing support services for young people who are struggling to navigate their adolescent years. Emily is a 17-year-old girl now in her second year at college studying Early Year Childcare. She does not have a computer or a laptop and consequently has found it virtually impossible to complete her course work at the required standard. As a youth workers assistant, the Trust youth leaders have had significant involvement with her and have recorded incredible commitment and positive changes as she works towards achieving her goals. With challenging family circumstances negatively impacted by Covid-19, Tetbury Lions presented Emily with a laptop and printer worth £500 in recognition of her achievements and to support her career development.

TAYCT has now expanded its remit to raise awareness of the mental health needs of Tetbury's young people. Believing it is important that this and associated issues deserves support from the whole community, Lion President has made it a goal to raise awareness of mental health issues in Tetbury during the current Presidential year.

Balsall Common Lions Supporting the Flu Jab Clinic

Lions were out in force over two weekends marshalling and organising the patients as they arrived at Balsall Common Surgery for their Flu jabs. Excellent organisation by the clinic with two treatment areas; one outside and one inside. We estimate that well in excess of 400 patients received their Flu Jabs in one morning.

It was also a good opportunity for patients to obtain one of our Message In a Bottle containers, providing vital information for the emergency services, in the event of an emergency.

Pictured here is Lion Stan Shakeshaft, distributing our Message in a Bottle ; and David Hickson and Jane Parker directing those going into the surgery.



Balsall Common Lions

HARVEST FESTIVAL FOODBANK COLLECTION

With the tightening of the lockdown restrictions, in September, our Harvest Festival Foodbank could never reach the dizzy heights of the Summer Foodbank, but we very nearly did!

After our collection and sorting of the food, four separate food banks collected over 100 bags of food and toiletries each! Over the weekend, we also received cash donations, plus some very generous donations on our online donation link, resulting in £200 going to each foodbank.

All of the food was very efficiently dispatched to four local foodbanks all providing support to some of the most impoverished people in our community.

Carriers of Hope charity in Coventry,

Bethany Community Outreach Emergency Foodbank in Erdington. The Trussell Trust supports a nationwide network of food banks.

Around Again Charity in Chelmsley Wood



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Acocks Green Lions Virtual Sponsored Walk

Acocks Green Lions hosted their annual sponsored walk in a different way this year. Due to Covid 19 the usual meet up and walk with us could not happen. So, what did we do? We did what Lions do best and adapted. Turning the event into a virtual one. People up and down the country (and overseas) joined Acocks Green Lions in walking to raise money for charity.

Some charities that will benefit from this event are Alzheimer’s Society, Cancer Research, Little Princess Trust, Brain Tumour Research and of course Acocks Green Lions.

A video of the walk can be found on our Facebook page: <https://www.facebook.com/AcocksGreenLions/>

We would like to thank everyone who walked for us and for sharing pictures of their walks.

#TeamCW #AcocksGreenLions #WeServe



Newsletter

Please send your copy and photos to news@105cw.org.uk by the 25th of each month

Articles may be limited to 2 per club in busy months.

Balsall Common Lions

Lion President Mike was also very busy himself, presenting Certificates of Appreciation to these very deserving people (and dog).

Dfer Perry-Ogden

Jack Key of Unity Automotive - Coventry

Anne Weaver Of Mike Weaver Communications

We really could not have managed the recent foodbank collection without their support. Unity Automotive (Carstins) and Mike Weaver Communications have been supporting Lions for many years with Santa's Sleigh and they have committed their support for this Christmas.



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Leofric Lions Celebrating Service & Mentoring

Coventry Leofric Lions are very #Proud to have been able to celebrate some good news at our October Business Meeting held via zoom.

Lion Mel & Lion Vicky were both presented Certificates of Achievement recognising that they have both achieved the Basic Level of the Lions Mentoring Programme -the club offered their warmest congratulations to these two very active Lions.

Lion Kerry was congratulated by the club on the awarding of the International Presidents Leadership Medal issued as Leofric Lions were in the top 20 clubs in CA4 (Europe) in carrying out and reporting service in 2019/2020 - as Lion Kerry said “a team effort by the whole club”.

#LeofricLions #WeServe



Social Media

It's great to see so many more clubs engaging with their communities using Facebook, Twitter and Instagram. If you missed the Social Media workshops in recent months you can access many of the resources using this link <https://lions105cw.org.uk/social-media-resources/>

There is also a selection of images and most importantly a transparent Lions logo that can be used on all your images. Please check that all your platforms show the new logo - branding is so important, we want to be easily recognised by the public. Lion Melissa Murphy, 105CW Social Media



Shirley Lions

Shirley Lions have revisited a tradition of food collections for the local Food Banks. The pandemic and the recession together have increased the demands on food banks everywhere so we decided to see how well a door to door collection would work. We have

been amazed at people's generosity and we have just completed our third (and possibly not our last) collection. Over the three collections we have donated about two tonnes of food.

This is turning out to be not just a fun Sunday morning and a valuable community service but a great opportunity for us to be out and about talking to the community of Shirley and an excellent PR opportunity.

We are trying to focus on what we can do and not what we can't do and so far our new activities as well as the food collections have been plant, cake and bric a brac sales, making scrubs bags and masks on line selling and fundraising and we are planning a virtual pumpkin carving competition and activities for children for the half term.



Lions Helen and Jenny proudly next to the food collection on the Myton estate in Shirley. A service action still possible during the Covid days. The food bank will be happy.

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Warwick Lions

Following an inspired idea by Lion Tamara Friedrich based on something similar that she had seen in the USA, Warwick Lions designed and put together Halloween themed scavenger hunt kits which we were able to sell on our stall at the Warwick Saturday Market. The idea was to allow children to still have fun on Halloween but at the same time be Covid free in the safety of their own homes. There was some trepidation at first as to whether the idea would work but having posted a flyer on Facebook it soon became obvious that it was going to be hugely popular so Club members set to work to make up one hundred kits with generous help from Morrison's and Tesco's Supermarkets and a local printer. Each kit contained instructions, Clue cards and a selection of tricks and treats in a suitably themed reusable Halloween bag. The kits quickly sold out providing a much needed boost to our charity account.

The picture shows our market stall set up for Halloween together with club mascot Greg.

Balsall Common Lions

It was fabulous to receive recognition for our work in the community from the Mayor of Solihull.



It was also a huge, and very pleasant surprise to get recognition from local resident Danny Gould and Slam Transport haulage company. We have our name on a truck as recognition for our work in the community during the COVID crisis.



Thank you
from the Mayor of Solihull

CAERFFILI LIONS CLUB

Caerffili Lions Club have two pieces of happy news in these difficult times, we have been trying to find ways of raising funds during the lockdown situation we have all been experiencing.

Caerffili Lions Club has always been proud to work alongside the Town Council to provide support to the residents of Caerffili Borough. One of our partnership activities is to carry out the collection at the annual Fireworks Display in Caerffili Castle. Of course this wonderful event will not take place this year but the generous Town Council have decided that the money which would have been spent to purchase the fireworks display should be donated to charity. In recognition of Caerffili Lions past works in the town the Town Mayor Cllr Mike Prew has donated £2,500 to the club. This is a wonderful boost to our funds and will alleviate the necessity of trying to raise money until we are able to resume our club activities in whatever way that may be possible.

Although we have not been able to meet during the pandemic our members have been active in the community providing support for the Food Bank, procuring PPE and the charity LLamau (the local branch of the Domestic Abuse and Homeless charity). We will continue to provide support when there is a need where we can.

The second piece of good news is that we are to have two new members transferring to our club from Rugeley in Staffordshire. Lions Tony and Lorraine Evans will be moving to Caerffili next week and we look forward to welcoming them to the next meeting we will be able to hold. As so many of our areas in South Wales are currently in locality lockdowns we are uncertain when that will be but we will make every effort to make their acquaintance as soon as we possibly can.

Pauline Gilbert

President

Caerffili Lions Club



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Oadby and Wigston Lions

Club make a donation with Social Distancing

In today's unusual world it's even more important to help local charities.

Jenny Fyfe, President of Oadby & Wigston Lions Club, presents a cheque with social distancing, to the Mayor of Oadby & Wigston Cllr. Lyn Easom for her chosen charity 'Leicester Children's Holidays. This charity helps local children have a holiday and enjoy a week's fun.



Oadby & Wigston Lions Club has run the foodbank in South Wigston since June 2013. When the foodbank opened, "we did not know for how long they would need to keep it going" said Lion Chris Huscroft, now 7 years later there is an increasing need more than ever to keep it going. Over the intervening years it has become a vital part of support for local people, helping many 100's of people in food poverty. Before the Covid pandemic, up to 15 volunteers, from the Club and the South Wigston Congregational Church, made up the food parcels in the morning before the Foodbank opened. Due to all the restrictions, the club volunteers now use Mors bags to make up pre prepared food parcels (saving more than 3000 plastic bags per year going to landfill). We now have just five volunteers working the on the day.

C19 protocols are in place which include the wearing of Masks and social distancing, with only two Foodbank customers allowed into the hall at a time.

During the early part of the Covid pandemic the Oadby & Wigston Lions club worked closely with Borough Council of Oadby & Wigston, supporting their community Hub by delivering emergency food parcels to those residents self-isolating.



The club are thankful that due to a grant from the County Council they are able to buy extra food as needed. Thanks must also go to all the local people who have supported the Foodbank via a Tesco collection point and have donated some 2 tons of food since April, and the two Local Sainsburys supermarkets who provide bread and pastries for the food parcels, also to the local churches who have donated generously by collecting food adding to the success of the food-bank project.

This is an extract from a note written by a Foodbank Customer.

I really appreciate what help they have given me, without their help I would be struggling to feed myself, keep a roof over my head and pay the bills. The Lions Club and Church volunteers are really helpful & friendly, making us feel welcome and wanted'.

The members of Oadby & Wigston Lions Club are pleased to live up to the Lions motto, 'We serve'.

Photo 1

(Taken before the Covid restrictions) By switching to 'Mors bags' the Foodbank save 3,000 plastic bags a year going to landfill.

Photo 2

Observing the social distancing and wearing masks enable the Foodbank to carry on working. Lions Chris Huscroft, Foodbank Coordinator handing over food to a customer.



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Community Lending Library

Coventry Leofric Lions are very #Proud to have helped provide this “Little Free Community Library”

This mini library sits in the front garden facing the road & offers anyone who would like to read one of the books the opportunity to take it, read it and either pass it on or return it.

Created by a local carpenter and decorated by a local artist depicting famous Coventry scenes (Peeping Tom, Car & Transport History, Elephants and our world famous two cathedrals)

An amazing and simple idea to spread the joy of literature and reading. An act of kindness that will continue to give to the local community for years to come.

#LeofricLions #KindnessMatters #WeServe



Hi all,

Lion Sophie here.

We all know about E-Clubhouse, but I have some unfortunate news.

Lions International have decided to close down E-clubhouse. They are replacing this with another product. When they are doing this and is it going to be any good? No idea as yet. The second I know I will inform all clubs. However, this gives your club an opportunity. Why not future proof your club and take the power back into your hands by making your own website.

It is also a fantastic membership opportunity for you to ask volunteers if they want to help you make this website.

If your club doesn't know how to make a website or have anyone who can make you one, get in touch with me and can either make it for you or talk you through it.

I would highly recommend clubs use a website builder as everything you will need is in one place and is easy to use and manage.

Before you decide this, I highly recommend you to check out the E-clubhouse and website guides I have uploaded on the district website:

<https://lions105cw.org.uk/pr-resources/>

If you need any assistance or have questions please email me on: pr@lions105cw.org.uk

Happy designing

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Rugby Rokeby Lions

Rugby Rokeby Lions Club in conjunction with the Canal & River Trust have agreed an initial 2 year adoption of the Oxford canal that runs through the town.

With the vast canal network that spans the country the Canal & River Trust needs volunteer groups to come forward to help enrich the network for boaters and pleasure users.

This is a great opportunity for our club to gain some much needed high visibility publicity in the town whilst improving the Canal that runs through the town. Initial activities will include a regular litter pick along the section as well as making sure that the footpath is accessible and no overhanging shrubbery and trees. We will also report on any issues to the Canal & Rivers Trust and respond to any calls for help with specific tasks,

105CW District Environment Officer and Club Vice President Lion Matthew Kilpin says this is a great opportunity for all clubs who are within easy reach of the canal network to get involved and make a difference. This years Covid outbreak has led to an increased usage of the Canal network by walkers etc which has lead to an increase in litter and the need for ongoing maintenance. The Canal & River Trust relies upon volunteer helpers to maintain the network, however they do need groups that can self-organise and operate and as Lions have experience of organising events and working parties we are the perfect partners for the adoption scheme.

This is a great opportunity for Lions clubs in District 105CW to support one of the Lions Clubs International 5 global causes "Environment" and to start clocking up volunteering hours.

If any clubs would like further information about the adoption scheme then please contact Lion Matt on 07786515578 or email environment@lions105cw.org.uk

It is in your hands to create a better world for all who live in it.
Nelson Mandela



Website Tip of the Month:

Tip 2. Plan out your website design on paper before you go and make it. This makes it easier for you to see how the layout of your website looks and what elements you want to include. It also makes it easier if you are passing this onto someone else to make it.



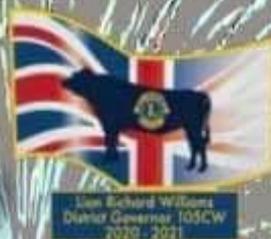
PR Tip of the Month:

Tip 2. Don't be afraid to get feedback after you have published your work. Ask general members of the public if they understand what you are trying to say.

**For more details visit the PR resources on the district website:
<https://lions105cw.org.uk/pr-resources/>**



**Lions Clubs
International
District 105CW**



Virtual Autumn Forum & Fireworks

Sunday 15th November 2020

1:15pm - 3:00pm

On Zoom

**A chance to get together and celebrate being
part of District CW, see our friends and continue
to be inspired as Lions**

Including :-

One Vision - Guide Dogs For The Blind Speaker

Afternoon Tea (At your own home)

Picture Competition

Fireworks & Music

lions105cw.org.uk/autumn-forum

District 105CW Car Treasure Hunt



DG Lion Richard Williams would like to invite the Lions, family and friends of 105CW to take part in a Car Treasure Hunt.

When: Sunday 22nd November 2020

Start Time 10.00am

Where : The Three Horseshoes Inn, Bromyard Hereford,
HR7 4RQ

The car treasure hunt will last approximately 2 hours after which you can finish the afternoon with a pub lunch.

A donation of £10 per car will go towards local good causes.

To register your interest in taking part in the Car Treasure Hunt please email DG@lions105cw.org.uk with your name and club.

Should you want to book in for lunch please ring the Inn directly on 01885 400 276 to arrange details.

#TeamCW #CarTreasureHunt #LionsFun

