

District 105CW News & Information



Lion Richard Williams
District Governor 105CW
2020 - 2021

Newsletter Editor: **Lion Melissa Murphy** Lion Magazine Liaison: **Lion Brigitte Green**

Email: news@lions105cw.org.uk



District Governor

Richard Williams

So the time has come to step up and be the District Governor of District CW, with Lion Jackie as my better half - but we don't do it alone, we do it with a team and all lions of District CW are in that team. We have

even given ourselves a name—#TeamCW.

First thing to say is thank you to PDG Lion Ian Gott. You have lead us well in our first year as District CW. The second point I would like to say from Day 1 is that, I don't know all the answers but I, and other fellow Lions, and that includes you, will do the best we can. We have clubs going from Fishguard in Pembrokeshire, to Melton Mowbray in Leicestershire. But what we do as Lions goes further than that. It goes globally. What Lions do, is really special and provides me with an uplift from this pandemic, which has sadly taken so many lives. To those who have lost family or friends, I send my thoughts and prayers.

To the members and clubs of District CW:

Be proud, of what you have been doing in your local communities.

Be proud as what you have been doing has really inspired me to do be the best I can.

I realise some of our members have been shielding, but I still want those members to be proud of being a member of such a great organisation as ours.

Please keep sending pictures & stories of what you have been doing to our Social Media Officer, Lion Melissa & to our Website Officer, Lion Sophie, who are excellent officers, but they need your input.

This year will be a strange year, with us all having to do things differently. With video conferencing becoming the norm, there will be a District Competition this year which includes giving you points towards a District CW trophy, for your Video conferencing travels to Zone and District events. Thank You Lion Sue, who will be coordinating these points. So enter your travels today, (we won't even know if you had your pyjamas on below the waist).

Every year, this year being no exception, we have to submit our Goals. Our Global Action Team, who will work to achieve the goals consists of: GLT- Lion Stu Young, GMT Lion Sue Wilding and GST Lion Simon Moss, who have a monthly meeting with the DG Team, Lion Jaap, Lion Rav and myself, working towards achieving the goals.

The District Goals 20/21 are:

GST-

Increase Reporting to MyLion from currently at 39% to 59% or higher if we can. This is important, as we claim that Lions is the largest service volunteering organisation in the world, which is the truth, but we need evidence of this fact, so reporting Service is very important.

Club Service project, We all know each club carries out service to your community, but we need to collect 75% or more of these good club practises, so we can share our stories of service with each other.

GMT

Create two new clubs, it is many years since a new club was started in our District, so we need to put our energy to see if we can address this issue. More Members—more service.

Maintain Members Numbers, I feel that this is a good target for this year. If we increase our membership, great, but I am mindful we must be realistic, especially this year. But please remember -membership is all our responsibility.

Increase Awareness of Young Farmers Project. We have signed a national agreement with National Federation of Young Farmers clubs to work together, so this project has great potential. Lion David Houghton heads up this project in our District. Please give Lion David a ring and ask him how you can offer your assistance.

GLT

We are looking to make another 25 Guiding Lions in District CW, so if you are interested in learning more, please speak to Lion Stu Young today.

We want also 50% or more of all clubs in District CW, to have attended at least one GAT Day, These GAT days are put on for your benefit, so any topics, you want covered, please let your GLT know.

I hope you feel these Goals are achievable, I am very happy and lucky to have some of the best District Officers in the country, please keep them busy.

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There was no District handover this year, due to Covid, But thanks to Lion Paul Murphy, we have launched a selection of handover videos, you can view on You Tube from this link:

<https://www.youtube.com/channel/UUCU1heQqG6CE4m8P8mFc0gIQ>

So here ends my first District CW Newsletter. I am proud to be a Lion, especially in District CW and I hope you are. If you need me just drop me a email or ring me - I am here for you.

I have another saying that you will hear me say many times this year, being a great Queen band fan.

'Lions, It's a kind of Magic'

Look forward to seeing you!

At the time in which we are living in the world of Zoom, replacing the meetings we used to have, I think there will always be a place for Zoom, with normal meetings intermixed.

But I would like to invite you to the first District Zoom meeting of 2020/21. An email of the event will be sent to you shortly, but it will take place every fortnight, (once a week if becomes popular), It will be on Sundays mornings, as Sunday mornings are a normal time of relaxation, so come and join me for some relaxation therapy. The meeting will take no longer than 1hr. The first 30 mins is an open floor unless someone wants to talk about a specific subject. Then followed by thirty mins of social fun, which will include quizzes, play your cards right, a game of 'Would I lie to you?', plus other special surprises. So, fix the first session in your diary now, please.



Global Leadership Team



Training and Development is key to any organisation's success, and in Lions this is true at a Club, District, Multiple District and International level.

Within our District we have a plethora of opportunities in the coming weeks and months, please visit www.lions105cw.org.uk/training to see the latest workshops.

To book places on these sessions please email GLT@lions105cw.org.uk stating the course title, names of those who wish to attend and email addresses.

CIO - Presentation and Q&A - NON CIO Clubs Sunday 12th July 2020 10:00 - 11:30 (Via Zoom)

A panel of Lions experts in the CIO Process will present about what the benefits of becoming a CIO are, how the process works and what Lions Clubs International can do to support you. This session is aimed at clubs who have not yet started the CIO Process.

How to use Social Media - a Beginners guide to Twitter, Facebook and Instagram. Sunday 19th July 2020 10:00 - 12:00 (Via Zoom)

Spend time with experienced Lions talking you through how to use Facebook, Twitter and Instagram effectively to promote your club - before signing up to this course please make sure you have admin access to your clubs social media profiles if you have them.

If I can be of any service to any Member, Club or Zone please do not hesitate to get in touch, I am here to serve the Lions of #TeamCW.

Yours in Service & Friendship

Lion Stu Young FDI

District 105CW Global Leadership Team Lead

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Ordinary People telling their Extra-Ordinary Stories Fundraising for Alzheimer/ Dementia Groups in your local area.

Being the partner of a Lions Clubs District Governor is a great opportunity to have an appeal that will be a Service and fundraiser for an excellent cause. Throughout 2020-21, I will be supporting Alzheimer/Dementia work in communities. As part of that appeal, we are launching a very special book,

This book is a collection of stories from Members of Lions Clubs in District CW who have put into writing their own true stories. These are stories of their own Lions experience and the effect these have had on their lives. As very personal accounts some are inspirational, others amusing, but they all help explain why so many people choose to follow the Lions Clubs motto "We Serve".

Why has this booklet been produced?

Mainly of course, to support a worthwhile cause, something which could affect any of us, and even more painfully, our friends & loved ones.

Also because I feel that it is a good aid to have in your club membership tool kit. When we meet someone and they ask 'Who are lions?' we need to have something meaningful that talks about 'Why' we are Lions and what it means to us as individuals. This book explains why we are the largest service organisation in the world, because of inspirational individuals who have a unique story of why they Serve.

We would like you and all Lions in your Club to have the chance to read it – especially your Membership Officer / Team. If you feel it would inspire others then quickly pass it on. Where you pass it on to is up to you – it could be family and friends or it could be donated to other community groups, businesses or charities. If possible, a booklet could be left in Doctors Surgeries, Dental surgeries, hotels and other points where magazines are read,

Clearly, with the purchase of more booklets you have the opportunity to raise monies for your local Alzheimer / Dementia group too .

How does this work? Imagine that your Club decides it wants 20 books to sell. You place an order and the 20 books are sent to you and you pay for them. In June 2021 we will, after payment of production costs and postage, donate the residual funds from your purchase to the local Alzheimer/ Dementia group that you will nominate. In this example, for an original purchase of 20 books, your Club could find it has £60 for its nominated Dementia/Alzheimer cause.

For further details and any questions, please speak to me – I look forward to hearing from you and hope I can count on your support.

Lion Jackie Williams
Partner of DG Richard Williams 2020-2021

Sandwell Lions Club Virtual Charter

As many of you know Sandwell Lions like to think outside the box and we were very disappointed not to be able to hold our Charter face to face so instead we planned a virtual alternative.

We invited our friends, families and Lions to join in the fun by dressing up, decorating and making their own 3 course dinner. We met up on Zoom and enjoyed each others company in breakout rooms as if we were sitting at tables and chatting in small groups. We even had guests from the Cayman Islands.

Later there was a new member induction, Tom Murphy went through the ceremony conducted by PCC Lion Stewart and he will be entered onto the system when he turns 18 on the 14th of July.

There was also extra entertainment with a short quiz, speeches and music.

We were so pleased that guests bought into the idea and shared their photos and lovely comments on Social Media.



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Kenilworth Lions "Pharmy Army" - serving the local community during the COVID-19 lockdown

As soon as the COVID-19 lockdown was announced back in March, a team of Kenilworth Lions volunteers (affectionately known locally as "the Pharmy Army") began delivering prescriptions to housebound residents all around Kenilworth and as far as South Coventry, Burton Green, Leek Wootton, Ashow and Stoneleigh. During the first 12 weeks of the lockdown, over 2,650 prescriptions have been delivered, and total distance travelled by the 11-strong team is estimated at over 3,000 miles!

Members of the Pharmy Army, all wearing bright yellow Lions tabards, have become a familiar and welcome sight around the area during lockdown, and the service has been greatly appreciated by local residents. One message of gratitude received was:

"Sending our heartfelt thanks to your excellent team of volunteers who have delivered medication for my husband. The service is carried out with a lovely friendly smile and such efficiency, we cannot thank you enough. We don't know how we would have coped without your service"

while another read:

"Hello , I was just writing to express my gratitude as your organisation has delivered my wife's prescription the last 2 months while we have been shielding . We are both tremendously grateful for the help - thank you".

The Lions Clubs International motto is "We Serve". What better way to demonstrate this commitment when the local community needs it most?



Photo attached: Members of the Pharmy Army with Kenilworth Town Mayor Richard Dickson and Kenilworth Lions President Graham Pemberton.



Wotton Lions

Wotton Lions are proud that our next President will be Jessica Turner of Leyhill. Current President Pat Comer explained "Having joined Lions in 2014, Jess transferred to Wotton Lions in 2018 and is our youngest member at 25. Jess takes over in July and brings a huge amount of enthusiasm to help the Wotton

Lions continue to grow and serve our community" Incoming President Jess commented "In the last 18 months membership of Wotton Lions has increased by 42% as more people realise the importance of volunteering in our community. I plan to continue that effort as the more people we involve the more we can do."

At our June meeting the club recognised the 20 years that Colin Dealey had acted as treasurer for the Lions with the award of a Melvin Jones Fellowship. Melvin Jones was the original founder of Lions International. Colin said "I ended up covering the role as no one else was really interested in doing it. It's great that as we expand our membership that one of our newer members will be taking over."



Membership Matters

I must start by mentioning the Certificate of Appreciation for Volunteers. It seems to have led to many opportunities to thank others and maybe they will show interest in volunteering with you as you plan your future Service events. You can download it using this link. <https://lions105cw.org.uk/wp-content/uploads/2020/06/Volunteers-Certificate-for.pdf>

Now that we are in a New Year for Lions, it is time to think forward to how we can Serve in New Ways in New Areas. I would like to hear from any Club that thinks there is a Community that hasn't got a Lions Club but would benefit from having a Club or Club Branch.

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By starting these Clubs and Branches we can expand our Service and enliven our organisation.

Our project with Young Farmers continues even though things have slowed down over recent weeks. We are still building links and you will see some of the great things YF members do if you follow them on Facebook.

Sue Wilding Membership Coordinator
gmt@lions105cw.org.uk

Chepstow and Caldicot Lions

Congratulations to two Chepstow and Caldicot Lions that have recently been named Melvin Jones Fellows. Lion John Bennett of St. Arvans near Chepstow has been named a



Melvin Jones Fellow by Lions Clubs International

Foundation (LCIF) in recognition of his commitment to serving the world community. Lion John has been a member of the Chepstow and Caldicot Lions Club since 1983 and has served as President, Lion Tamer, Director and latterly as a Trustee of the club. His work with the schools within the district has helped provide 1500 Hi-visibility jackets and books about plastic in the oceans for all the Primary schools in the area.

Lion Ray Nash of Caldicot has also been named a Melvin Jones Fellow by Lions Clubs International Foundation (LCIF) in recognition of his commitment to serving the world community. Lion Ray has been a member of the Chepstow and Caldicot Lions Club since 1995, and has served as President, and latterly as a Trustee of the club. His work in conjunction with The British Heart Foundation as Chairman of the Welfare Committee has seen the club provide thirty defibrillators to local communities in the district.



Owner of a Ross on Wye Garden Store Glyn has, for many years, donated the plants for flower boxes in the town that Ross Lions members maintain.

Ross Lions Club President Keith Wilding awarded Glyn a 'Certificate of Appreciation' for all the help he has given the Club and the Community.

Competitions Corner

The world has changed, for the time being and so Lions' competitions is responding. As we currently cannot meet, it is not possible to run the Travelling Lion, Fellowship Competition. So, we are going to have a virtual competition, to help develop fellowship and have some fun. The idea is that every time your club engages in a virtual event, they will earn points, for example attending a zone event, a district event or training attended from 16 March 2020 a form can be submitted. You can find the form using this link : <http://lions105cw.org.uk/category/district-competitions/>

We are looking forward to receiving your completed forms, the results of which will be revealed at District Convention. No verification will be needed as we are trusting your honesty. We will notify you of a finishing date, when we have more information as to when Lions gets back to "normal" .

Sue Wooldridge, District Competitions Officer

competitions@lions105cw.org.uk

Thank You Brigitte, Jan & Steph



Recently a red rose and thank you card were delivered to MD HQ. This was to say thank you from District CW, for all the team do for us, especially in this difficult time we are all going through. They all support the District so well and without them we would not be able to support our communities like we do. The rose was chosen

because it is vibrant and beautiful.



Dementia Friends Workshops

The District Governor's Partners Appeal this year is raising awareness of those who are living with Dementia

We are hoping to make many Lions Dementia Friends over the next 12 months

We will be running sessions both face to face and online

We are challenging Lions across 105CW to become a Dementia Friend, learn more about what it is like to live with dementia and turn that understanding into action

The next sessions are available through zoom

To register to attend email

glt@lions105cw.org.uk

Friday 10th July 2020 19:00 - 20:00

Sunday 19th July 2020 15:00 - 16:00

Saturday 25th July 2020 10:00 - 11:00

