



# 105CW NEWS & INFORMATION

NEWS FROM AROUND YOUR DISTRICT



Newsletter Editor: Lion Joy Haffner    Lion Magazine Liaison: Lion Brigitte Green    Email: [news@lions105cw.org.uk](mailto:news@lions105cw.org.uk)



Welcome to the district governors message for 105CW. Like most of us I'm beginning to get my head around the new districts with the new names and areas and I should be in the best position of all. I am really pleased to tell you about a brilliant event held in August, the Bob Cook Games. It is a great example of how district borders are not barriers just lines on a map. The games are organised by Chippenham Lions and supported by many other from Coventry to South Wales.

Every event has medals for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> prize so there are lots and lots to present, the cross district team presentation team shown here - DG Jarvis McDonald



(SC) PDG Tony Buchan in his role as Physical & Learning Disabilities Officer (SW), PDG Surinder Malhotra (now moved to A) and DG 105CW Ian Gott.



More details of this event here <http://e-clubhouse.org/sites/chippenham/page-8.php>

Many Lions have asked me about being a district governor, what's the pay like and how do you get there? Over the next few month, I will try to give this information so if you have any questions please send me an email. First answer is very easy – what's the pay like? Well it's a nice round figure (an NRF) £0.00, there are some contributions to costs which I will cover another month.

How do you get there? First you need to be a Club President, during this year you should be representing your club at other clubs events, charter dinners etc., you should also attend District convention. The next step is to become Zone

Chairperson (drop a hint to the incoming DG that you would be interested) when you will normally attend events of the clubs in your zone and attend district convention. Any time after Zone chairperson you can apply for the post of Second Vice District Governor at the district convention, this year it is on February 15th at the Bank House Hotel near Worcester.

You need the support of your club (by vote of the members at a properly convened meeting (and someone from your club to propose you at convention. Although not strictly necessary according to the constitution it is good to have someone from another club act as your seconder (they should ask their club to endorse this support), this shows that you have support of others and strengthens your application if it comes to a vote. You then become 2<sup>nd</sup> VDG and the journey really starts, next month I will talk about the training, training and more training.

The District Governors team (DG, 1st VDG & 2<sup>nd</sup> VDG) are busy visiting clubs, I have made 14 so far and have plans for more but I have a cataract operation planned for 11<sup>th</sup> September which will slow me down for a few weeks until I feel comfortable driving again.

Bye for now  
Ian Gott

**A big warm welcome to the new Lions of District 105CW who joined in August.**

Chepstow & Caldicot	Maria Stevens
Fishguard & Goodwick	Philip Stevens
Kenilworth	Lyn Connelly
Knowle & Dorridge	Jamie Grove
Lutterworth	Trevor Neat
Sandwell	Tony Gee
Tetbury	Peter Hollinshead
Thurnby	Rob Woodward
	Sarah McMurchy
	Derek Harvey
	Pritesh Lakhani
	Ashok Vadera



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## District Governor



Out of Action...

## 1<sup>st</sup> VDG

### **September**

3 <sup>rd</sup>	Bristol Brunel	CV
9 <sup>th</sup>	Cheltenham	CV
11 <sup>th</sup>	Bridgend	CV
12 <sup>th</sup>	Aberystwyth	CV
18 <sup>th</sup>	Hereford	CV
25 <sup>th</sup>	Marston Green	CV

### **October**

1 <sup>st</sup>	Chepstow & Caldicott	CV
4 <sup>th</sup> -9 <sup>th</sup>	Europa Forum, Tallin, Estonia	
10 <sup>th</sup>	Chipping Sodbury	CV
14 <sup>th</sup>	Wellingborough	CV
15 <sup>th</sup>	Porthcawl	CV
16 <sup>th</sup>	Kington	CV TBC
24 <sup>th</sup>	Ammanford	CV

## 2<sup>nd</sup> VDG

### **September**

2 <sup>nd</sup>	Severn Dean	CV
3 <sup>rd</sup>	B'ham Handsworth	CV
4 <sup>th</sup>	Warwick	CV
6 <sup>th</sup>	Billston & Willenhall	CV
9 <sup>th</sup>	Wellsbourne	CV
10 <sup>th</sup>	Newport and Usk Vale	CV
11 <sup>th</sup>	Llandriddod Wells	CV

### **October**

1 <sup>st</sup>	Northampton 80	CV
10 <sup>th</sup>	Walsall	CV



**Sunday 3<sup>rd</sup> November 2019  
District Information & Forum  
Worcestershire Cricket Ground**

**14<sup>th</sup> to 16<sup>th</sup> February 2020  
First 105CW convention  
Bank House Hotel Spa & Golf  
Bransford, Worcester WR6 5JD**

## **Membership Matters.**

How quickly we forget the hot days of summer. I heard on the radio that it is only around 16 weeks until Christmas! So maybe you will be planning your Santa activities soon. While you are doing your Service planning, are you also planning how you will be promoting volunteering and looking for people to help you?

Many Clubs find that by asking for volunteers they can involve non-Lions who may, sooner or later, be open to a suggestion that they could join their Club. There are plenty of volunteer opportunities in Autumn and Christmas time, so make your Community aware that you would value their help and reach out to those who might like to get involved with what you do. Don't assume that they know they can help – remember to Ask!

Please remember that there are Lions all over the District who will help with this and other Membership issues, just waiting to be asked. That includes me, so I look forward to anyone who wants to talk Membership to get in touch.

*Sue Wilding* [gmt@lions105cw.org.uk](mailto:gmt@lions105cw.org.uk)

## **Guests go down the rabbit hole at the Mad Hatter's tea party at Kettering**

'Smashing afternoon', 'Thoroughly enjoyable', 'Made to feel very welcome' 'Met new people' 'A lot of work has gone into making it fun' 'Wonderful decorations' 'Thanks Kettering Lions for all their hard work'. These are just a few of the positive comments Kettering & District Lions received from



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very happy guests at our FREE Pensioners Tea Party with a Mad Hatters theme held recently.

Kettering & District Lions Tea Party Organiser, Bec Profit, said 'This is our 2nd year running our themed Pensioner's Tea Parties. Last years theme was the Seaside which proved very popular. This year's theme was Alice in Wonderland/Mad Hatters, as we find themed tea parties really get our guests involved with the tea party, and are lots of fun. Our guests came in all sorts of hats, and our President, Roy Burrows, had a very difficult time picking only 4 winners, as the standard of entry was very high, particularly the handmade hats. The hall looked wonderful decorated with Alice in Wonderland themed items, we'd definitely taken our guests 'down the rabbit hole'.

Lions welcomed them with their very own white rabbit goodie bag; containing a Message in a bottle (a Lions International initiative), Mad Hatter fruit drop sweets and 3 Alice in Wonderland puzzle printouts.



There were 4 prize categories for the hat competition; Best Ladies, Best Gentleman's, Best Handmade and Hatters Maddest hat. Winners enjoyed a small hamper prize and little trophy.

Our young at heart guests were then musically entertained by the wonderful Hugh Beynon, who got the guests singing along to old favourites and even dancing.

Guests tucked into an assortment of themed food, such as The Queen of Hearts 'Coronation' chicken sandwiches, White Rabbit's Carrot cake, rabbit crisps and The Queen of Hearts Jam Tarts to name a few.

After all the food, we finished off the afternoon with games of Bingo with prizes, before wishing our guests farewell.

Our thanks to Hugh for providing the excellent musical entertainment, Karen at Tesco's for helping out on the day and providing Jammie Dodgers and Tesco's and Morrison's for providing a gift voucher we purchased tea party food with.

**The Bob Cook Games took place at the County Ground Athletics Track, Swindon on 11<sup>th</sup> August** and was organised by Chippenham Club with the help of several local clubs. This was the first time we had run the games since redistricting and, whilst Chippenham is now in the new 105SC district, we were mindful of how important this day is to so many competitors from the old 105W district and how much they look forward to it from year to year. For that reason we were pleased to welcome along competitors and Lions clubs from the old 105W along with DGs Jarvis McDonald and Ian Gott.

We had about 200 entrants from 15 clubs along with their helpers and both track and field events were contested strongly with large entries for field events such as the discus, javelin, shot-put and welly wagging whilst others chose to try their hand at the gentle sport of boules.

Whilst medals were awarded for success in every event, two major trophies are awarded to the lady and the gentleman who were judged to best represent the games' true spirit of determination against the odds. This year the 'The Joy Cook' memorial trophy went to Amanda Zachary and was awarded by Julie Hamlen; daughter of the late Joy Cook and wife of Chippenham Lion, Norman. For the gentlemen; a trophy was awarded in memory of a late Chippenham member and tireless



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supporter and worker for the games; Ivor Bull. A trophy in his honour was awarded by District Governor, Jarvis to John Stafford.

The day ended with group photographs and the departure of the athletes; happy, but tired and festooned in medals. All helpers will take back their own memories of the games, but I shall recall the tremendous determination shown by all competitors and the pleasure and pride they gained as they were presented with their medals. For a full report and gallery go to the Chippenham website at: <http://e-clubhouse.org/sites/chippenham/page-8.php>

**Lion Henderson Maxwell from Barbados South Lions Club** visits the UK every two years to visit family and friends and whilst in Wolverhampton



makes contact with Wolverhampton Lions Club, this has been a long term friendship that has been going on for a number of years.

Every time Lion Henderson visits he exchanges gifts with the club and this year he

presented a Friendship Plaque to the club, Club President Andrew Coope and Lion Trevor Jones took both Lion Henderson and his daughter Sherry out for a meal at a country restaurant and before he left Lion Henderson and his daughter was taken out for a farewell meal by club members President Andrew Coope, Trevor Jones, John and Ann Poole attended



Lion Henderson has asked if he could be an honorary member of the club so the club has brought him a club Polo Shirt, the club looks forward to meeting up on his next visit to Wolverhampton.

Lion Henderson is pictured presenting the friendship plaque to Club President Andrew Coope.

**Recycling Spectacles from Kenilworth Lions,** working in partnership with Specsavers Opticians in Warwick Road, Kenilworth, are celebrating another amazing year for the local spectacles recycling scheme. A total of 2,805 pairs of spectacles were donated during the last 12 months. Hearing aids are also collected via the scheme.

Lions member Henry Woodgate has been running the scheme locally for the last 16 years, and is very grateful to the wonderful support that the team at Specsavers Kenilworth give him, acting as the town centre collection point for donated spectacles.

The spectacles recycling scheme was started in the UK by Chichester Lions Club nearly forty years ago, and now involves Lions Clubs across the country. Donated spectacles are consolidated and sorted in Chichester and sent to Medico France in Le Havre, where they are cleaned and graded ready for use in eye camps in Africa, India and Eastern Europe. Every year over 300,000 pairs of spectacles are sent to Medico France. For more details see <http://chilions.org.uk/specs.htm>.



photo of Lion Henry Woodgate with Specsavers Kenilworth assistant Lois Carsley

September 2019

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**Solihull Lions**  
are pleased to present



## The Little Book of Soups



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- Includes 40 tried and tested Vegetarian Recipes
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- Send Cheque for £8.95 payable to Solihull Lions
- Ivan Crowdell Secretary, Solihull Lions  
19, Church Hill Close, Solihull, B91 3JB  
[crowdell\\_ivan1@btinternet.com](mailto:crowdell_ivan1@btinternet.com) Collection by Arrangement

### Butternut Squash, Smoked Bacon and Red Pepper Soup      serves 4 – 6

1 large or 2 small Butternut Squash  
2 Onions  
White of 1 Leek  
1 stick of Celery  
2 Red Peppers  
1 White Potato  
4 – 6 oz Fatty Smoked Bacon  
4 cloves Garlic  
½ teaspoon Herbes de Provence or ¼ teaspoon Dill and Tarragon  
Ground Black Pepper (only add any salt after tasting the finished soup)  
2 Ham or Chicken Stock cubes  
2½ pints Boiling Water  
Vegetable Oil  
Options:  
Green part of a bunch of Spring Onions chopped as a garnish or  
1 briquette of frozen Chopped Spinach (stirred in after blending the soup)  
Grated Parmesan  
2 spoons Crème Fraîche

#### Method

Split wash and chop the leek. Wash, de-seed and chop the red peppers.  
Peel and de-seed the butternut squash and chop the flesh.  
Peel the celery, potato, onions, garlic and chop.  
Cut the smoked bacon into small pieces and sweat in about 2 tablespoons of vegetable oil with the herbs and all of the vegetables for about 5 minutes.  
Add the boiling water and crumbled stock cubes and some ground black pepper.  
Bring to boil and simmer with lid on for around 15-20 minutes until the vegetables are cooked, then liquidise and return to a cleaned pan.  
Taste and adjust the seasonings and consistency to your preferences.  
Add the briquette of frozen spinach, if required, and stir in the crème fraîche if this is being used.  
Otherwise sprinkle each bowl with finely chopped spring onion greenery and serve with the grated fresh Parmesan.


**Warwick Lions Club**  

**Knitathon**  
**Calling all knitters!**

Join us for a **sponsored** knitting competition  
**Sunday, 20<sup>th</sup> October 2019 2-5pm**  
 Warwick Arms Hotel, High Street, CV34 4AT

Money raised will benefit:  
**Northleigh School and Warwick Lions Charities**

Enter as a team of 4 or as an individual  
 Just bring your No. 8 (4mm) needles and  
 knit as many squares as possible  
 Prizes for most productive team and individual

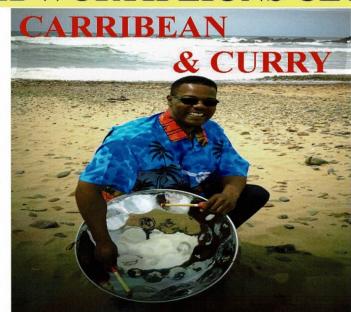
Wool, music, and refreshments will be  
 provided

For more details, sponsorship forms, and to  
 register:  
 Call: 0845 833 5921  
 Email: [info@warwicklions.co.uk](mailto:info@warwicklions.co.uk)  
 Facebook Messenger: @WarwickLionsClub

Charity No. 510021

**Bedworth Lions** will be presenting a Meet and Greet, Caribbean Evening at Bedworth Ex Servicemens Club, Ryepiece Bedworth CV12 8JH on Saturday September 28th starting 7.00 PM. Contacts 07801 862686 or 07934 0620. Tickets must be bought in advance so we know how much food is needed.

### Meet & Greet BEDWORTH LIONS CLUB



We have invited some of the groups we have funded who will do some presentations around the room.

Bedworth Ex Servicemens Club  
 Ryepiece Bedworth CV12 8JH  
 Saturday September 28th 7.00 PM  
 Tickets £10.00 in advance  
 Food by Punjabi Food  
 Contacts 07801 862686  
 07934670620

Administering Charitable fund 1038908



**PLEASE CIRCULATE TO ALL CLUB MEMBERS OF 105CW**



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**The Lechlade and District Lions Club** held their second Open Water Race and Swimming Challenge at the Bowmoor Sailing Club lake on Saturday 3<sup>rd</sup> August. This year's event

was particularly special as the entrants to the 5km race would be competing for the 'John Sheffield Memorial Trophy', in memory of a truly great and missed member of the Lions club, who died earlier in the year.



His wife Mary came along and presented the trophies to the winners and awarded every swimmer a medal.



The entry numbers was up from last year with 33 swimmers competing in the 5km race, which was won by Paul Fallows in a time of

1hr 09mins 58 seconds.

Following the 5km ace a further 50 swimmers took to the water for a fun swim challenge, each choosing their distance of either 200mtrs, 1km, 2km or 3km . With entry fees and sponsorship over 3500.00 was raised which will be shared between the Wiltshire Air Ambulance and The Lechlade and District Lions Charity Account



## President of Wolverhampton Lions Club

Andrew Coope presents a donation and a tray of Message in a Bottle to St Columba's Day centre. The day centre is for elderly people, some of them have physical disabilities, mental health problems and mild to moderate dementia, the centre provide meals and entertainment for those attending. The donation was made after an appeal in the local paper said that they may have to shut due to the local council withdrawing funding for the centre and the club wanted to help as the centre serves many of the local elderly residents.



**Swansea Lions Club News** A very busy month started on the 6th and 7th July with the Wales National Air show. We were based for the two days at Blackpill Lido where our main job was to hand out wrist bands to families in order for their children to wear with the parents contact number on in case they got lost.



Stewarding down at Blackpill with the Red Arrows on display.

This year at the Air show for the first time there was an Air Show After Dark on the Saturday evening where we relocated up to the Ground Activities and Display Area to Steward the Night Displays. It was an enjoyable weekend as always and we look forward to next years.

Friday 12th July was the big show down of Ammanford Lions Club versus Swansea Lions Club at Boules. It was a lovely evening where fish and chips or a picnic were enjoyed by all.



Unfortunately it wasn't Swansea's turn to win.

Ammanford Lions Club, The Winning Team.





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Next up was a little trip up to Worcester for the Launch of 105CW. A very proud party of 7 which included members, wives and child all went up to see our President Michael Berry officially take on the role as Zone Chairperson for Zone 14.



Lion Michael officially being presented with his Zone Chairperson Chain by District Governor Lion Ian Gott.

We rounded off our July by stewarding two concerts in Singleton Park, Saturday 27th July was Pete Tong and the Heritage Orchestra and Sunday 28th July we were stewarding the Jess Glynne Concert. At both concerts our role was to help the disabled concert goers to get to the Disabled Viewing area.



By the gate for Jess Glynne ready to assist to the Disabled Viewing Area.

After a very busy July we are looking forward to a quiet August to recharge our batteries!

**Here we go – the ordinary person taking part in an amazing adventure!** A group of 20 of us of all abilities and experience will be walking to Everest Base Camp this October. This will be a massive challenge both physically and mentally for me, but importantly will take me to a new personal fund-raising level.

We are all taking part to hopefully raise funds to assist the Mary Ann Evans Hospice in Nuneaton in their expansion of their Hospice at Home Rapid Response team to now include a full overnight service covering the whole of North Warwickshire. This service provides support to those in the last weeks of their lives (and vital support to their families). This expansion will cost Mary Ann £70,000 in the next year, money that they have no option but to raise from the public and their supporters/friends.

I have been heavily involved with the Bedworth Lions Club since 1988 with me making many good friends and giving me a lot of personal satisfaction with the great work we do – the Santa Sleigh and Civic Bonfire are but two of the events we have put on for many years. During this time I have had the honour of being appointed President three times. Sadly of my real Lions mates have passed so I will be taking a Lions Club prayer flag to Everest Base Camp in memory of Tony Reeve, David Knight and recently Pete Nash.



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All funds raised will go direct to Mary Ann as all trekkers are self-funded as regards trek costs.

Please dig deep to support me on this amazing adventure (and wish me luck!)

Many thanks,  
Eric Tunnicliffe  
07860 571940  
[e.tunnicliffe@sky.com](mailto:e.tunnicliffe@sky.com)

**Lions Ladies Shine in Warwick** Warwick Lions Club is now in the unique position of having women as both President and Vice President of the Club.

At a special meeting at the Pavilion Cafe', Lighthorne, Lion President John Tunney handed over his chain of office to incoming President Tamara Friedrich.

In his valedictory speech John said that he had greatly enjoyed his time in office and was proud that over the past year the club had been able to raise its profile locally by organising many social and fund raising events, had raised over £18,000 for the benefit of the local community as well as directly helping many other local people in need.

Incoming President Tamara has been a member of Warwick Lions for three years and is the Clubs second female President.

She has set out ambitious plans for her year in office saying that her Presidential aims are ones of creativity and innovation.

Her three main goals will be to promote a sense of Family within the club, to recruit at least five new members and to embrace creativity.



Our picture shows incoming President Tamara Friedrich with Vice President Hannah Johnson.

## Coventry Leofric Lions Afternoon Tea



Coventry Leofric Lions in partnership with Leamington & District Tangent hosted a summer afternoon tea.

Immediate Past Lion President Nick Button and his wife Delia opened up their home to host over forty people to raise money for both charities.

We had a wonderful afternoon with great company, lovely sandwiches, cakes a plenty, tea by the gallon and engaging conversations all whilst raising money for great causes.

Congratulations for Lion Richard Ireland who won the star raffle prize, a beautiful hand crafted bird table created by our Lion President Malcolm Knowles.

Well Done to 'The Buttons' and Thank You to all who attended the tea party for raising £719 from this event.

## Coventry Leofric Lions Supporting COGS

**Cycle Race.** Members of Coventry Leofric Lions Club were up early on the middle Sunday in August helping to steward and marshal the fifth annual Coventry Olympic Group Sportive Cycle Race.

Three races took place over the morning, the Epic Race 66 miles long, the Challenge Race 37 miles long and the Leisure Race 10 miles long. The two longer races contained a number of long steep



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inclines and two "killer hills" that really tested the stamina of the participants.



Over one hundred and fifty people from across Coventry and Warwickshire turned up clad in lycra, cycle helmets and sunglasses to take part exploring the Warwickshire countryside raising funds for Zoe's Place, Coventry Resource Centre for The Blind and Myton Hospice.

We had an amazing day and are looking forward to supporting again next year, if you are a keen cyclist keep an eye out on their website <http://cogs-sportives.co.uk/> for details of next years event.

**Coventry Leofric Lions Secretary Takes a Leap for Myton Hospice.** Lion Stuart Young took a leap into the unknown a few weeks ago when he took part in the first ever Myton Hospice Zip Wire across the Ricoh Arena, home of Coventry City Football Club and WASPS Rugby Union Club.

Stuart felt the wind in his face and the adrenaline pumping around his body as he soared along the 135 meter long zip wire that spanned across the arena field of play and seating area.

To date he has raised £500 with support from members of the club and the wider 105CW district.

Stu said "Myton hospice have cared for a number of our club and their nearest and dearest, a close friend of mine spent their final days in the hospice and the care they received was amazing, this is my way of saying thank you and giving back to this amazing organisation"



## Coventry Leofric Lions Fun & Fellowship

Whilst service is key to the work of every lions club across the world, fun, enjoyment and fellowship has to be an integral part of everyone's Lion Journey.

Here at Leofric Lions as well as brining fun into all of our service and fundraising activities we hold a monthly social - this we have found has been a great way to introduce potential new members to the lions, our partners and for us all to get to know each other.

Our August social saw 34 Leofric Lions, Partners, Friends and potential members learning the skill of Lawn Croquet a game of skill, chance and the need for good hand, eye and mallet co-ordination.

We enjoyed five games each and swapped opponents after each game to encourage sporting competition and to allow members to chat and enjoy each others company.



Post game we enjoyed a famers platter, fresh British strawberries with cream and a few drinks in the club house.

Over the last few months we have gained three new members with the possibility of a couple more in the coming months, this is down we believe to our clubs ethos of Fun, Fellowship and Service



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## Request for Lions Club Help on Lion Members

**Charity Walk.** Lion Zara Dyer and her partner Lion Ian Brown, from the Bungay Area Lions Club in Suffolk, are walking from John O'Groats to Land's End, a Charity Walk that commenced on the 7 May 2019 raising funds to help sufferers of brain injuries and their families with their recovery and rehabilitation process. It will cover treatment and equipment that is not immediately supplied by the National Health Service in our area and the extended charitable work of Lions Clubs 105 MD

Lion Zara suffered a stroke, aged 29 years, whilst driving her car in Grand Cayman that resulted in a mercy flight by air ambulance to Miami, Florida. She had 6 bleeds on the brain, various fractures to neck, shoulder, back and upper part of the body. She was just like a very young child, so we had to teach her to swallow, talk, walk and the list goes on. All this treatment took place after we were told that she would not survive. If you wish to follow her recovery, please visit [www.3millionsteps.org](http://www.3millionsteps.org). She still suffers from various ailments but now she has her eyesight back, she can talk and walk with aids but will always suffer from some form of disability.

Zara is very determined young lady and on the 7 May 2019 she and her partner started the mammoth task of walking, with the aid of her sticks from -

John O'Groats to Land's End (estimated at 3 million steps) finishing the walk at the end of September 2019. She hopes that the Charity walk will raise funds for fellow sufferers, purchase equipment for the charity "Icanho", who are the Brain rehabilitation centre for Suffolk, and the charitable work of Lions Clubs along the Waveney Valley and Multi District 105 who have help with funding her recovery, family costs and some Charity Walk sponsorship.

I am writing to you for your consideration to ask Lions Clubs and your Club, along their route to offer help and support for Lions Zara and Ian to meet them and offer some moral and social support, cup of tea, somewhere to park their 2- berth motor home overnight, use of a washing machine, shower, anything would be gratefully. Perhaps some members would be able to help with conveying them back and forth to their parked motor home at various daily locations on the walking route. The estimated daily distance would be 10 miles.

Zara and Ian are prepared to visit any Lions Club to give a short presentation about their walk and Zara's recovery from her stroke, along with details of this very long journey, scheduled to take 5 months to complete. The Scottish part of the route has been completed and they are now walking their route through England having walked more than 2,200,000 steps (920 miles).

Vice District Governor Lion David Fitzgerald is the liaising Lion for this part of the Charity Walk.

5 to the 8 September the area will be covered by Oakhampton Lions.

10 to the 12 September the area will be covered by Launceston Lions.

13 to the 15 September the area will be covered by Bodmin and Wadebridge Lions.

14 to the 20 September the area will be covered by Newquay and Newquay Towan Blystra Lions Clubs. Thank you both Clubs for sponsoring the accommodation and your offered assistance for this period;

AT PARKDEAN RESORTS NEWQUAY AS A RESPITE STOP

TO MAKE USE OF SITE FACILITIES BEFORE THE FINAL PUSH TO LANDS END.

18 to the 20 September the area that maybe covered by Truro Lions.

19 to the 21 September the area that maybe covered by Cambourne Lions.

22 to the 23 September the area that maybe covered by Helston Lions.

24 to the 25 September the area that maybe covered by Penzance Lions.

WE HAVE THE FREE USE OF A SITE AT THE PARKDEAN MULLION HOLIDAY PARK FOR THE WEEK COMMENCING 22 SEPTEMBER GIVING US TIME TO MAKE USE OF SHOWERS AND WASHING FACALITIES FOR THE LAST PART OF THE WALK.

Zara, Mum and Dad will be flying out of Exeter Airport to Norwich on Flybe flight BE4305 at 1515 hrs on Friday 27 September while Ian will be driving the Motor Home back to Suffolk.

It would be a great if some Lions could be at Land's End to greet Lions Zara and Ian at the end of their mammoth 5 month walk. I understand that there is an admission charge at Lands End so I



# 105CW NEWS & INFORMATION

NEWS FROM AROUND YOUR DISTRICT



Newsletter Editor: Lion Joy Haffner    Lion Magazine Liaison: Lion Brigitte Green    Email: [news@lions105cw.org.uk](mailto:news@lions105cw.org.uk)

would appreciate any ideas of where the Charity Walk could end OR the entry cost to Land's End.

I may have missed out some Lion Clubs that cover areas along the walk so could I please ask that consideration could be given for you to contact and advise them of the 3 Million Steps Charity Walk.

I hope that I have the correct Lions Clubs and the areas that you cover. If I have these details incorrect could someone please pass the e-mail and attachment to the correct Lions Club.

The Lion members Charity Walk should finish at Lands' End on 23/ 25 September 2019 so if any members would like to join the walk at any time or can be present at Land's End, we would be glad to meet you. The wife and I will be there, and my contact number will be 07411423275 for any updates.

The route of this very long, 5 months, Charity Walk can be found on the website

[www.3millionsteps.org](http://www.3millionsteps.org)

but times and dates are fluid due to Lion Zara's medical conditions and walking aids. My wife and I will re-join the walk in Cornwall/Somerset after spending periods in the Scottish Highlands, Cairngorms and Yorkshire Dales.

The sponsorship money raised from the Charity Walk will be solely used for Charitable use but if any Lions member or Lions Club can or may have knowledgeable business connections that could offer further support and corporate sponsorship for the daily estimated £60 expenses then please contact us. Sponsoring Lion's Club and any Business logo's/details can be displayed on the travelling motor home.

Along the walk Lion Zara and Lion Ian have met up with Lion members, attended Club meetings and a Zone fun evening at Whalley in the Yorkshire Dales and have been invite as guest of a District Governor at his 2020 Convention. They have had two-page spreads in the Woman and Chat magazines plus picture press reports in many local newspapers. We are working hard to promote the Lions Charity Walk in a National Newspaper that will hopefully give the MD 105 a much-needed boost in Membership and awareness of our fine organisation.

Lion Zara and Lion Ian would be pleased to support any Lion Club event specially to raise

awareness and increase membership. Please be aware that Lion Zara is very tired so please contact Lion Ian for details.

Lion Zara was born during 1986 when I was President of the Bungay Area Lions Club so she has been part of the Lions family all her life. She is devoted to raise funds to repay the kind work of our organisation with the endorsement and support of PID Lion Phil Nathan, a great Lion, and friend plus their guiding Lion, Past District Governor Mandy of 105 EA and Chairman of Governors 2019/2020 Lion Stewart.

Yours in Lionism

Lion Peter Dyer

Lowestoft Lions Club, Trustee of the Charity and Dad.

Contact details

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Lions Clubs International  
British Isles

## The Bahamas need your help



Hurricane Dorian damage houses in the Bahamas - taken by US Coast Guard Petty Officer 2nd Class Adam Sherron

Lions Clubs of the British Isles launch an appeal to support the people affected by the devastation of Hurricane Dorian. Lions Clubs provide vital assistance where it is needed.

#StepForward #JoinUs #LionsGetInvolved  
<http://lionsgiving.co.uk/international-appeals/lions-international-disaster-fund>

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